

# XCR'09

Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN DIVISION 1

1	M1.2	BALLARAT YCW		1:51:52
1268	Paul Fenn	BYC	18:59	
1270	Rob Boadle	BYC	18:27	
318	Nicholas Van Raaphorst	BYC	19:18	
25	Shane Nankervis	BYC	17:53	
407	Steve Moneghetti	BYC	18:19	
330	Alexander Howard	BYC	18:56	

2	M1.4	BOX HILL		1:52:06
1813	Andrew White	BOH	17:54	
1833	Barry Lynch	BOH	19:16	
1331	Luke Yeatman	BOH	19:19	
1834	Matt Coloe	BOH	19:13	
1832	Steve Kelly	BOH	18:36	
111	Chris Hamer	BOH	17:51	

3	M1.8	GLENHUNTLY		1:53:10
1845	Luke Hennessy	GHY	18:27	
1857	Craig Semple	GHY	19:06	
1323	Woulo Audy	GHY	18:41	
1324	David Carver	GHY	18:52	
1319	Shaun Krawitz	GHY	18:23	
106	Rhydian Cowley	GHY	19:36	

4	M1.12	SANDRINGHAM		1:54:25
61	Clint Perrett	SAN	17:25	
692	Paul Martinico	SAN	18:39	
653	Jonathon Matthews	SAN	19:53	
1629	Troy Williams	SAN	19:42	
696	Andrew Coles	SAN	20:06	
1652	Dan Hornery	SAN	18:40	

5	M1.7	GEELONG REGION		1:55:21
1647	M McNaughton	GER	19:21	
1210	Mark Tucker	GER	17:32	
323	R Christian	GER	19:25	
1336	Colin Thornton	GER	19:09	
1665	S Wishart	GER	20:45	
675	Brett Coleman	GER	19:10	

6	M1.1	ATHLETICS ESSENDON		1:56:33
927	Mark Blicavs	ATE	18:59	
179	Ryan Geard	ATE	19:26	
1403	Walid A-Kurtu	ATE	19:38	
####	Ryan Matthews	ATE	19:27	
1427	Daniel White	ATE	19:55	
19	Liam Adams	ATE	19:08	

7	M1.5	COLLINGWOOD		1:59:43
1249	Justin Murphy	COL	20:04	
912	Malcolm Campbell	COL	20:25	
918	Simon Bevege	COL	19:58	
908	Mark Draper	COL	20:13	
879	Patrick O'Keeffe	COL	19:53	
####	Magnus Michelsson	COL	19:10	

8	M1.9	KNOX		1:59:54
1537	Benjamin Toomey	KNA	18:27	
1538	Luke Toomey	KNA	21:26	
1240	Mark Seen	KNA	20:22	
1034	Damian Gauci	KNA	20:33	
530	David Bayley	KNA	20:30	
140	Kane Wille	KNA	18:33	

9	M1.3	BENDGO REGION		2:00:35
1072	Brady Threlfall	BER	19:13	
332	Cody Williamson	BER	19:05	
1099	Kyall Britten	BER	20:31	
1069	Tim Mccullagh	BER	20:37	
124	Andrew Buchanan	BER	20:00	
1256	Joshua Nolan	BER	21:09	

10	M1.6	DONCASTER		2:01:13
46	Matt Johnsen	DAC	18:46	
1101	Lachlan Mcarthur	DAC	18:37	
1525	Rod Dehighden	DAC	19:52	
1513	Will Power	DAC	21:34	
1524	Pat Forno	DAC	21:08	
1510	Ed Vining	DAC	21:15	

11	M1.10	MELBOURNE UNI		2:03:51
864	Andrew Selby Smith	MUU	19:25	
1295	Hamish Beaumont	MUU	20:00	
1296	Carsten Murawski	MUU	21:13	
1303	Kristopher Lam	MUU	22:55	
872	Thomas Gorman	MUU	20:48	
859	David Paroissien	MUU	19:53	

12	M1.11	APS UNITED		2:04:12
1234	Thomas O'Shaughnessy	APS	20:40	
1890	Darcy Long	APS	20:01	
1125	Peter Simm	APS	19:56	
1662	Jared Haube	APS	22:43	
1126	Robert Schwerkolt	APS	20:39	
1124	Antony Rickards	APS	20:13	

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN DIVISION 2

1	M2.6	EUREKA		1:58:38
	102	Duer Yoa	EKA	18:20
	942	Lachlan Oliver	EKA	20:12
	1663	Jon Brown	EKA	20:48
	700	Matthew Griffin	EKA	20:31
	525	Christian Strzadala	EKA	19:42
	1471	Tyson Popplestone	EKA	19:03

2	M2.3	BOX HILL		2:01:37
	1802	Johnathon Love	BOH	20:52
	1831	Daniel Clarke	BOH	19:13
	1814	John Meagher	BOH	19:47
	1811	Josh DeStefanis	BOH	21:31
	1805	Michael Dowel	BOH	20:45
	1808	Anthony Aloisio	BOH	19:29

3	M2.7	GLENHUNTLY		2:04:48
	1849	Peter Macknamara	GHY	20:20
	1847	Simon Lindsay	GHY	20:55
	1840	Jonathon Dillon	GHY	21:12
	963	Christopher Winter	GHY	19:53
	1837	Steve Cook	GHY	21:22
	1605	Antonio Russo	GHY	21:06

4	M2.2	ATHLETICS WAVERLEY		2:04:49
	406	James Atkinson	AWA	18:56
	1503	Steven Williams	AWA	20:38
	1053	Martin Spiteri	AWA	21:22
	1049	Michael Young	AWA	22:58
	1500	Rohan Claffey	AWA	21:03
	1506	Stephen Paine	AWA	19:49

5	M2.11	RICHMOND		2:06:11
	1129	Joji Mori	RIC	20:08
	1333	Lyndon Galea	RIC	20:53
	1140	Adam Percy	RIC	22:12
	581	Simon Austen	RIC	20:25
	1193	James Coleman	RIC	19:40
	585	Tony Dell	RIC	22:53

6	M2.12	TRARALGON		2:07:09
	455	Darrel Cross	TRH	20:33
	1159	Peter Evans	TRH	20:39
	1373	John Mackenzie	TRH	20:14
	1368	Adam Conway	TRH	22:16
	1173	Desmond Paynter	TRH	21:26
	1172	Shane Pettingill	TRH	22:01

7	M2.5	DIAMOND VALLEY		2:07:26
	1097	Matthew Taylor	DIV	22:14
	827	David Murphy	DIV	22:05
	832	Philip Champion	DIV	20:41
	1616	Paul Townsend	DIV	21:14
	#####	Simon Carey	DIV	20:33
	840	Benjamin Norman	DIV	20:39

8	M2.8	KEILOR ST BERNARDS		2:08:14
	760	Michael Mcintyre	KSB	20:33
	373	Gerard Brown	KSB	21:23
	759	Robert Trott	KSB	21:57
	1010	Domenic Michienzi	KSB	21:36
	756	Lachlan Yourn	KSB	21:08
	411	Peter Gaffney	KSB	21:37

9	M2.13	WESTERN ATHLETICS		2:08:18
	669	Luke Searle	WES	20:04
	211	Tom Temay	WES	22:25
	1154	Michael Berhe	WES	21:28
	1387	Cameron Menadue	WES	22:26
	1151	Christopher Downie	WES	22:29
	678	David Schonscheck	WES	19:26

10	M2.10	MORNINGTON PENINSULA		2:08:29
	1433	Anthony Wallace	MPA	19:32
	1431	Dale Locke	MPA	20:22
	1429	Cameron Staggard	MPA	21:37
	1438	Mike Wheatley	MPA	21:40
	1437	Kris Wheatley	MPA	23:13
	1206	Stephen Van Der Tang	MPA	22:05

11	M1.1	ATHLETICS NUNAWADING		2:10:02
	787	Adrian Mclean	ANW	20:04
	524	Matthew Vernal	ANW	21:14
	1667	Norm Marshall	ANW	22:50
	1666	Simon Lee	ANW	22:46
	1668	Steve Vernal	ANW	21:53
	514	Mark Deslandes	ANW	21:15

12	M2.4	COLLINGWOOD		2:11:08
	1250	Anthony Mithen	COL	20:52
	####	Jarrold Kanizay	COL	22:19
	914	Stuart Kollmorgen	COL	21:55
	888	Andrew Evans	COL	21:36
	915	Anthony Weiland	COL	22:16
		Cameron Keely	COL	22:11

13	M2.9	MALVERN		2:15:08
	793	Mitchell Bien	MAL	20:37
	809	Paul Marr	MAL	22:51
	1114	David Lau	MAL	22:38
	977	John Williams	MAL	23:04
	822	David Stones	MAL	23:50
	812	Shaun Green	MAL	22:08

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## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN DIVISION 3

1	M3.5	FRANKSTON		1:37:18
1873	Dave Rowell	FKN	18:59	
1447	Dane Frey	FKN	19:22	
1306	Kane Grimster	FKN	18:38	
638	Dane Verwey	FKN	19:45	
1872	George Hedley	FKN	20:34	

2	M3.2	BALLARAT YCW		1:45:02
633	Simon Tournier	BYC	19:42	
1262	Chris Bourke	BYC	20:05	
717	Ashley Rogers	BYC	23:15	
1059	Maurice Prendergast	BYC	20:45	
791	Stephen McMahon	BYC	21:15	

3	M3.15	SANDRINGHAM		1:47:39
1261	Evan Rees	SAN	22:06	
1623	Sam McCallum	SAN	21:24	
688	Sean Guiney	SAN	21:21	
1621	David Venour	SAN	20:33	
694	Glenn Goodman	SAN	22:15	

4	M3.13	ST STEPHENS		1:50:29
1562	Lachlan Aspinall	SSH	20:24	
1590	Graham Craigie	SSH	21:22	
351	Ben Buckingham	SSH	22:52	
1589	Nick Bowden	SSH	22:17	
#####	Boro Wesho	SSH	23:40	

5	M3.10	MENTONE		1:51:09
1485	Vaughan McCullough	MEN	20:58	
1486	Matt Smith	MEN	23:01	
1477	Martin Fedmowski	MEN	21:25	
1478	Neil Brennan	MEN	22:44	
1484	Trevor McCann	MEN	23:05	

6	M3.8	KNOX		1:52:20
1031	Vincent Patton	KNA	20:36	
1027	Andrew Stevenson	KNA	20:51	
729	Mike Rennie	KNA	24:04	
527	Rodney Prime	KNA	22:50	
1540	Simon Brewer	KNA	23:59	

7	M3.6	GLENHUNTLY		1:52:45
965	Han Quach	GHY	21:39	
1842	Phil Edwards	GHY	22:48	
1314	Shaun Lenehan	GHY	23:16	
1864	Andrew Blake	GHY	21:41	
958	Shane Davin	GHY	23:21	

8	M3.3	COBURG		1:53:50
1084	Jeremy Grey	COB	20:28	
1094	Glenn Carroll	COB	22:29	
1091	Luong Dao	COB	23:43	
1079	Philip Van Dueren	COB	22:49	
1087	Inderjeet Bains	COB	24:21	

9	M3.4	COLLINGWOOD		1:58:09
902	Danny Hecker	COL	23:34	
917	Sean Mcgaughey	COL	23:14	
903	Tom Avram	COL	23:02	
900	Christopher Waldron	COL	23:23	
891	Anthony Hally	COL	24:58	

10	M3.7	KEILOR ST BERNARDS		1:58:13
1276	Jamie Ruta	KSB	21:42	
757	John Kondogonis	KSB	23:52	
1015	Andrew Matthews	KSB	25:56	
740	Lachlan Brown	KSB	24.24	
1474	A Comley	KSB	22.19	

11	M3.9	MELBOURNE UNI		1:58:27
871	Timothy Thomas	MUU	21:37	
1301	Matthew Irons	MUU	22:55	
#####	Tony Brain	MUU	23:01	
1291	Richard Dutton	MUU	23:23	
1292	Shueh Lim	MUU	27.34	

12	M3.12	SOUTH MELBOURNE		1:58:35
999	Tesfaye Jiru	SME	19:40	
993	Andrew Demetriou	SME	23:44	
990	Gie Liem	SME	23:44	
992	Gregory Payne	SME	27.24	
1001	Andrew Black	SME	24.02	

13	M3.1	BALLARAT HARRIERS		1:59:21
467	Colleen Stephens	BHA	26.19	
769	Nathan Hartigan	BHA	19.01	
768	Leigh Phillips	BHA	25.18	
766	Jamie Healey	BHA	26.10	
562	Peter Sutherland	BHA	22.32	

14	M3.14	APS UNITED		2:00:55
1255	Lincoln Mah	APS	24.08	
1352	Gerald Sofianos	APS	25.44	
1661	Daniel Murphy	APS	22.48	
1353	Jason Kozica	APS	24.15	
1194	Mark Lennox	APS	24.00	

	M3.11	RINGWOOD		DNF
1347	Gilbert Olsen	RWD	22.20	
1349	Jack Brooks	RWD	21.09	

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## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN DIVISION 4

INV	M4.1	ATHLETICS ESSENDON		1:45:40
	929	Danny Hawksworth	ATE	20:58
	1417	Roland Burke	ATE	21:53
	1408	Ryan Jackson	ATE	19:31
		Darby Kitchin	INV	22:53
	1428	Campbell Maffett	ATE	20:23

1	M4.11	WENDOUREE		1:49:21
	697	Stephen McLennan	WEN	21:34
	701	Daniel Lewry	WEN	22:13
	979	Phillip McLennan	WEN	22:30
	707	Neville Down	WEN	21:38
	478	Neil Lewry	WEN	21:26

2	M4.6	GLENHUNTLY		1:55:28
	1856	Mike Robinson	GHY	22:07
	1251	Beau Lang	GHY	25:16
	1310	Phineas Samuelson	GHY	23:55
	1844	Peter Hatton	GHY	21:44
	960	Darren Henstridge	GHY	22:26

3	M4.14	SANDRINGHAM		1:57:28
	1626	Steve Bustin	SAN	23:28
	1625	Dave Percival	SAN	23:32
	1632	Marcus Daniell	SAN	22:13
	1624	Tristian Harradine	SAN	24:44
	1631	Daniel Shepherdson	SAN	23:31

4	M4.5	GEELONG REGION		1:57:48
	1351	Andrew Bell	GER	21:08
	905	Simon Gower	GER	22:45
	648	Peter Samon	GER	28:47
	673	Jack Verstraten	GER	22:00
	1337	Jackson Hamill-Beach	GER	23:08

5	M4.7	KNOX		2:03:32
	1546	David Howard	KNA	21:17
	1239	Stephen Reid	KNA	24:52
	1023	Malcolm Cree	KNA	23:11
	730	Jeffrey Wright	KNA	25:30
	1204	Michael Plugge	KNA	28:42

6	M4.3	COLLINGWOOD		2:03:46
	####	Chris Boylen	COL	25:55
	####	Paul Skipper	COL	23:46
	####	Mark Kealy	COL	24:34
	####	Shane Derby	COL	25:15
	906	Troy Kameme	COL	24:16

7	M4.4	DIAMOND VALLEY		2:03:50
	828	Didier Martin	DIV	23:41
	830	Michael Cusack	DIV	28:11
	829	Gary Hammett	DIV	25:55
	837	Rob Wendel	DIV	24:02
	1617	Chris Lynch	DIV	22:00

8	M4.8	MALVERN		2:05:57
	1112	Damian Sutherland	MAL	25:04
	818	Doug Rahn	MAL	24:28
	811	Dan Halliday	MAL	24:33
	817	Greg Berti	MAL	25:19
	820	John Neil	MAL	26:33

9	M4.12	WESTERN ATHLETICS		2:07:04
	1246	Christopher Camilleri	WES	24:03
	1248	Nicholas Fry	WES	23:22
	1388	Jack Rayner	WES	22:35
	1153	Steven Martin	WES	28:42
	683	Stuart Macaulay	WES	28:22

10	M4.2	COBURG		2:07:32
	1082	Tim Holloway	COB	23:52
	1083	James Taylor	COB	22:42
	1285	Jarrow Sarson-Lawrence	COB	24:36
	1080	Edwin Cheung	COB	24:40
	1283	Daniel Norris	COB	32:42

11	M4.13	MACCABI		2:08:12
	1375	Julian Sack	MAC	27:45
	1383	Adam Serry	MAC	26:51
	1384	Adam Needleman	MAC	24:49
	1377	Adam Bogatin	MAC	25:53
	1376	Braham Shnider	MAC	22:53

12	M4.10	RICHMOND		2:08:17
	1191	Rhys Coleman	RIC	24:09
	1658	James Richards	RIC	23:26
	1136	Bruce Lyon	RIC	23:03
	1128	Peter Risk	RIC	24:42
	580	Brian O'Callaghan	RIC	32:57

13	M4.9	OAKLEIGH		2:39:59
	1465	Noel Eastwood	OAK	22:36
	685	Mark Maidment	OAK	34:10
	686	Ian Poulton	OAK	37:02
	578	Chris Brown	OAK	27:42
	1469	Peter Battrick	OAK	38:28

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN DIVISION 5

1	M5.6	DONCASTER	1:26:08
1521	Leighton Kearney	DAC	22:52
852	Adrian Patti	DAC	20:21
850	Stuart Walpole	DAC	21:53
1526	Matt Carr	DAC	21:03

2	M5.3	BOX HILL	1:27:12
1829	Stuart Downes	BOH	22:32
1825	Alex A De Greenlaw	BOH	22:06
1810	Chris O'Connor	BOH	21:05
1824	Andrew Nagle	BOH	21:25

3	M5.2	BENDIGO REGION	1:27:52
781	Ian Wellard	BER	21:25
1472	Russell Fenwick	BER	22:55
1074	Benjamin Goode	BER	22:54
465	Charles Chambers	BER	21:38

4	M5.1	ATHLETICS WAVERLEY	1:29:38
1055	Rick Whitehead	AWA	21:26
1052	James Mceniry	AWA	22:44
1501	Tony George	AWA	22:34
1200	Ryan Camille	AWA	22:54

5	M5.7	EUREKA	1:29:47
949	James Downey	EKA	22:21
940	Christopher Munn	EKA	21:38
937	John Paatsch	EKA	22:43
788	Brian Martin	EKA	23:05

6	M5.13	TRARALGON	1:30:15
1374	Daniel Rake	TRH	21:29
1164	Benjamin Bailey	TRH	22:21
1163	Greg Semmler	TRH	23:20
1372	Richard Comber	TRH	23:05

7	M5.18	SOUTH COAST	1:34:44
491	Steven Quirk	SCA	20:42
1651	Warren Oliver	SCA	25:30
554	Ben Quirk	SCA	23:30
553	Conor O'Meara	SCA	25:02

8	M5.16	SANDRINGHAM	1:42:42
1098	Michael Grech	SAN	25:19
651	Anthony Lee	SAN	22:08
1619	Ewald Seibold	SAN	30:09
652	Ray Mahoney	SAN	25:06

9	M5.5	COLLINGWOOD	1:45:23
####	Trevor Hansen	COL	23:29
887	Ronald Scholes	COL	25:37
890	Paul Wallace	COL	28:22
907	Jim Hopkins	COL	27:55

10	M5.12	SOUTH MELBOURNE	1:47:42
994	Gabriel Carmona	SME	26:29
996	Stuart Nicol	SME	27:29
991	Michael Lai	SME	27:12
1637	Peter Logan	SME	26:08

11	M5.8	IVANHOE	1:52:27
1111	Christopher David	IVA	28:36
1110	John David	IVA	31:09
593	Chris Struve	IVA	30:34
1109	James Lynch	IVA	22:08

12	M5.9	MALVERN	1:53:54
810	Mark Bartholomeusz	MAL	29:39
813	Barbara Fay	MAL	30:00
1473	Dale Thomas	MAL	28:04
1887	Francis Kaszmarek	MAL	26:11

13	M5.15	APS UNITED	1:59:50
518	Christopher Worsnop	APS	28:18
1660	Anthony Walsh	APS	27:17
1119	Stuart Facey	APS	26:13
1118	Peter Dodgshun	APS	28:06

14	M5.14	WESTERN ATHLETICS	2:15:21
1216	Ian Walter	WES	31:30
1247	Carrie Jansen	WES	35:49
661	Clare Calbert	WES	37:14
659	Aimee Lane	WES	30:48

15	M5.4	COBURG	2:19:21
1090	Gary Blake	COB	27:43
1649	Michael Jordan	COB	30:77
1284	Kenneth Carter	COB	47:16
1089	Daryl Thomson	COB	34:05

16	M5.11	MORNINGTON PENINSULA	DNF
1434	Jake Stevens	MPA	25:19
1436	Caleb Wheatley	MPA	25:31
1432	Craig Mahony	MPA	34:25

	M5.10	MELBOURNE UNI	DNF
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## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN DIVISION 6

1	M6.4	CASEY CARDINIA	1:27:16
1454	Rupert Van Dongen	CCA	23.56
1453	Thomas Nebl	CCA	22.48
1452	Iseyas Hailu	CCA	20.04
1455	John Dutton	CCA	20.28

2	M6.8	FRANKSTON	1:28:08
1441	Mick Goreham	FKN	22:44
1443	Troy Casey	FKN	21:07
1442	Sean Whipp	FKN	21:46
1444	Kurt Hourigan	FKN	22:31

3	M6.1	ATHLETICS ESSENDON	1:32:18
1650	Joel Elliott	ATE	23:19
1422	Aaron Heaney	ATE	22:30
1415	Ken Hall	ATE	23:34
932	Jeffrey Jones	ATE	23:05

4	M6.14	ST STEPHENS	1:34:11
1561	Will Wright	SSH	24.46
1566	Lachy Montague	SSH	23.21
1570	Terry Dalgleish	SSH	23.08
1587	Jake Pedley	SSH	22.56

5	M6.3	BALLARAT YCW	1:38:56
630	Nicholas Burnett	BYC	24.40
1267	Tom Blood	BYC	22.27
727	Christoffel Somers	BYC	25.08
1266	Gary Blood	BYC	26.41

6	M6.9	GLENHUNTLY	1:40:16
1309	Grant Smethurst	GHY	24.59
970	Kurt Golonka	GHY	27.39
1838	Peter Cox	GHY	23.30
1315	Christopher Murphy	GHY	24.09

7	M6.12	MENTONE	1:40:26
1489	Graeme Lay	MEN	25.53
1492	Tristian Gogan	MEN	22.54
1480	Justin Hanarahan	MEN	27.45
1476	Emiliano Scuderi	MEN	24.56

8	M6.2	ATHLETICS NUNAWADING	1:47:55
516	Carolyn Rosenbrock	ANW	26.54
1257	Robert Walsh	ANW	25.43
1668	Alan Vernal	ANW	29.09
1258	Michael Papp	ANW	26.09

9	M6.11	KNOX	1:55:39
502	Philip Sheridan	KNA	35.20
1241	David Sommers	KNA	25.51
1232	Michael Booker	KNA	26.26
1544	Craig Fairbairne	KNA	28.02

10	M6.13	SOUTH MELBOURNE	1:56:48
1638	Keith McIntosh	SME	31.27
1635	Michael Whiteoak	SME	27.42
1639	Paul McIntosh	SME	30.03
1640	Geoff McGowan	SME	27.32

11	M6.6	COLLINGWOOD	2:02:28
893	Paul Willmot	COL	34.48
####	Lynne Maugham	COL	27.48
878	David Goddard	COL	30.55
####	Peter Neale	COL	28.57

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN DIVISION 7

1	M7.20	FRANKSTON		1:31:16
	1440	Brendan Smith	FKN	24.37
	1866	Jordan Donnelly	FKN	23.53
	639	Sean Verwey	FKN	20.33
	1869	Dale Miller	FKN	22.13

2	M7.4	ATHLETICS WAVERLEY #1		1:32:54
	1498	Christopher Knott	AWA	22.01
	1047	Craig Sanford	AWA	23.34
	1502	Michael Rafferty	AWA	22.44
	1505	Aaron Little	AWA	24.35

INV	M7.12	RUNNING IN THE BURBS		1:41:24
	N/A	Peter Burke	INV	27.25
	N/A	Michael Clarke	INV	22.38
	N/A	Travis Waite	INV	27.03
	N/A	Rupert Van dongen	INV	24.17

3	M7.17	BOX HILL		1:41:29
	1364	Andrew Tunne	BOH	27.41
	1359	Russell Clowes	BOH	23.14
	1228	Talitha Crawford	BOH	26.45
	1225	Graeme Olden	BOH	23.17

4	M7.2	ATHLETICS ESSENDON #1		1:43:02
	1424	Shane Hayes	ATE	28.04
	1411	Geoff Connell	ATE	24.41
	1395	Noel White	ATE	23.28
	217	Dylan Johnson	ATE	26.49

5	M7.6	BALLARAT YCW		1:44:31
	1201	Jemma Mirabella	BYC	25.47
	1264	Garry Atkins	BYC	28.06
	1271	Brett Hallam	BYC	26.08
	712	Paul Hayes	BYC	24.30

6	M7.16	TRARALGON		1:45:21
	1160	Bruce Salisbury	TRH	26.14
	1171	Samuel Frankland	TRH	23.52
	1169	Simon Maselli	TRH	29.57
	1167	Robert Semmler	TRH	23.16

7	M7.8	ATHLETICS ESSENDON #2		1:46:09
	1426	Darren Hill	ATE	24.24
	930	Trevor Hawksworth	ATE	27.58
	1390	Duncan Knox	ATE	25.58
	1398	Younis Ali	ATE	27.39

INV	M7.21	KNOX		1:48:22
	1545	Scott Fairburn	KNA	25.18
	1543	Alex Fairburn	KNA	31.31
	1544	Craig Fairburn	KNA	24.19
	1545	Scott Fairburn	KNA	27.04

8	M7.13	RICHMOND		1:49:08
	582	Shane Quinn	RIC	23.40
	583	Ronald Brown	RIC	25.11
	1137	Barry Moore	RIC	24.34
	587	Brendan Dell	RIC	34.45

9	M7.15	ST STEPHENS		1:50:15
	1573	James Caldwell	SSH	28.35
	1571	Greg Nolan	SSH	28.50
	1567	Chris Tsakiridis	SSH	26.34
	1588	Matt Williams	SSH	26.22

INV	M7.9	GLENHUNTLY		1:50:46
		Raphael DiFrancesco	INV	26.43
	1841	Michael Dinkgreve	GHY	31.00
	967	Angelo Portelli	GHY	27.06
		John Chadwick	INV	25.57

10	M7.18	SOUTH COAST		1:56:29
	555	Stephen Plumb	SCA	26.54
	548	Graham George	SCA	26.37
	559	EmMa Plumb	SCA	29.33
	556	Zoe Plumb	SCA	33.25

11	M7.5	ATHLETICS WAVERLEY #2		2:05:54
	1507	Warren Holst	AWA	23:17
	1043	Robert Carstairs	AWA	36.50
	1044	Simone Albiston	AWA	34.46
	1048	Tim Hassett	AWA	31.01

12	M7.7	COLLINGWOOD #1		2:11:15
	896	Robert Barnes	COL	29.23
	894	David Sheils	COL	31.43
	####	Jess Neale	COL	33.50
	506	Stephen Griffiths	COL	36.05

	M7.19	ATHLETICS WAVERLEY #3		DNF
	1051	Clyde Riddoch	AWA	29.13
	1504	Greg Raines	AWA	28.49
	1497	Yohan Amerasekera	AWA	33.30

	M7.3	ATHLETICS NUNAWADING		DNF
	1334	Adam Mccann	ANW	29.10

	M7.14	SOUTH MELBOURNE		DNF
	998	Boguslaw Frackowiak	SME	32.51

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN 40+

1	APS UNITED			1:03:54
1659	Andrew Edwards	APS	21.22	
1120	Scott Lawrence	APS	21.25	
1179	Justin Wilson	APS	21.07	

2	BENDIGO REGION			1:08:54
777	Peter Cowell	BYM	22:01	
776	Victor Cook	BYM	24.00	
1075	Ross Evans	BYM	22:53	

3	BOX HILL			1:17:04
1820	Bill Dyer	BOH	23:34	
1360	David Stevens	BOH	28.02	
1826	Peter Stefanos	BOH	25.28	

4	GLENHUNTLY			1:17:05
954	Colin Bruhn	GHY	24.50	
964	Andrew Vincent	GHY	25.02	
1317	Andre Kowalski	GHY	27.12	

5	FRANKSTON			1:17:50
1446	Phil Williams	FKN	25.40	
1883	Mark Walton	FKN	25.02	
1878	Danny Maher	FKN	27.08	

6	CASEY CARDINIA			1:28:41
1456	Jeff Cox	CCA	28.43	
1463	Greg Jagusch	CCA	30.44	
1461	Elizabeth Street	CCA	29.14	

INV	ATHLETICS ESSENDON			DNF
1394	Stephen Murphy	ATE	29.42	
	Peter Vernon	INV	55.24	

### MEN 50+

1	COLLINGWOOD #1			1:10:50
####	Paul Twining	COL	23.46	
885	Kenneth Duxbury	COL	24.04	
889	Anthony Bird	COL	23.00	

2	EUREKA			1:13:01
953	Robert Soar	EKA	22.31	
1106	Gerard Surridge	EKA	25.39	
1107	Graeme Allen	EKA	24.41	

3	OAKLEIGH			1:13:55
577	Joseph Campisi	OAK	23.45	
1466	Peter Bence	OAK	25.00	
1464	Ernie Stewart	OAK	25.13	

4	GLENHUNTLY #1			1:14:18
1846	Len Johnson	GHY	25.16	
1858	Chris Wardlaw	GHY	23.09	
1604	Eric Sigmont	GHY	25.53	

5	ST STEPHENS			1:14:33
1557	Brian Carter	SSH	24.56	
1564	Greg Schofield	SSH	25.04	
1568	Martin Hall	SSH	24.34	

6	APS UNITED			1:14:39
1356	Geoff Holden	APS	24.53	
1122	Tarquin Oehr	APS	24.59	
1117	Andrew Cochrane	APS	24.47	

7	KEILOR ST BERNARDS			1:20:43
755	John Moloney	KSB	25.16	
1009	Gregory Moore	KSB	24.16	
733	Ian Upton	KSB	31.11	

8	GLENHUNTLY #2			1:39:02
1326	Bruce Mcinnes	GHY	29.14	
1316	Philip Hutton	GHY	31.15	
1835	Peter Buller	GHY	38.33	

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Cross Country & Road Racing

**ROUND 1 - CROSS COUNTRY  
RELAYS  
JELLS PARK  
SATURDAY 18TH APRIL**

**MEN UNDER 20**

<b>1</b>	<b>BALLARAT YCW</b>	<b>58.49</b>
1061	Jamie Huggett	BYC 19.18
329	Aaron Green	BYC 19.34
161	Alexander Davis	BYC 19.57

<b>2</b>	<b>KEILOR ST BERNARDS</b>	<b>1:01:05</b>
131	David Ireland	KSB 19.06
1280	Christopher Borg	KSB 21.41
1016	Victor Shelamoff	KSB 20.58

<b>3</b>	<b>RINGWOOD</b>	<b>1:04:25</b>
1185	Travis Bail	RWD 21.38
157	Tom Fawthorpe	RWD 20.22
1653	Dane Fencaros	RWD 22.25

<b>4</b>	<b>BOX HILL</b>	<b>1:07:21</b>
1819	Jackson Dyer	BOH 22.53
####	Chai Leilaa	BOH 23.22
1816	Daniel Balassone	BOH 21.06

<b>INV</b>	<b>BENDIGO REGION</b>	<b>1:14:14</b>
NR	Jesse Noden	INV 24.28
1100	Peter Curtis	BER 26.01
775	Jamie Cook	BER 23.45

<b>INV</b>	<b>ST STEPHENS</b>	<b>1:15:55</b>
N/A	Callum Donnelly	INV 23.30
N/A	Bart Wildash	INV 26.48
N/A	Will Beckman	INV 25.36

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN UNDER 18

1	KNOX #1			28.27
592	Jordan Williamsz	KNA	9.17	
536	Seamus Murphy	KNA	9.55	
138	Jordan Nelson	KNA	9.15	

2	FRANKSTON #1			29.20
637	Ned Verwey	FKN	9.40	
1305	Jesse Ramirez	FKN	9.39	
1448	Tom Cole	FKN	10.01	

INV	ATHLETICS ESSENDON			30.46
1409	Luke Matthews	ATE	10.11	
1397	Damon Kliman	ATE	10.22	
	Joel Hogarth	INV	10.13	

3	BOX HILL #1			30.46
1822	Mitchell Dyer	BOH	10.41	
1812	William Potter	BOH	9.34	
1358	Jonathan Tree	BOH	10.31	

4	MALVERN #1			31.01
801	Leigh Bruton	MAL	9.55	
807	Anthony Malelis	MAL	11.16	
815	Terry Jepson	MAL	9.50	

5	SOUTH COAST			31.10
206	Samuel Quirk	SCA	9.26	
557	Joshua Plumb	SCA	10.40	
549	Nathan Love	SCA	11.04	

6	KNOX #2			31.33
1535	Tait Sabec		10.15	
1029	Thomas Mcmorrow	KNA	10.17	
1024	Timothy Lai	KNA	11.01	

7	GEELONG			32.24
239	Lewis Clark	GER	11.15	
1196	Jesse Shields	GER	11.06	
1337	Jackson Hamill-Beach	GER	10.03	

8	MALVERN #2			33.59
1209	Jack Sutherland	MAL	11.31	
806	Richard Lominden	MAL	10.48	
803	Anthony Huber	MAL	11.40	

9	COBURG			35.34
1088	Joshua Persson	COB	11.08	
1282	Alana Guerin	COB	13.03	
####	Josh Traine	COB	11.23	

11	COLLINGWOOD			36.28
916	Joshua Debinski	COL	12.14	
897	Mason Barnes	COL	10.56	
916	Josh Debinski	COL	13.21	

12	BALLARAT YCW			39.03
368	Matthew Blood	BYC	10.52	
714	Lachlan Cullum	BYC	14.12	
1063	Jason Blood	BYC	15.07	

13	BOX HILL #2			DNF
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*No Team Sheet Submitted*

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN UNDER 16

1	FRANKSTON			29.41
1867	Lachlan Whitfield	FKN	9.48	
1881	Cameron Smith	FKN	9.48	
####	Trent Radin	FKN	10.05	

2	MALVERN #1			31.23
794	Nicholas Bien	MAL	10.10	
808	Paul Malelis	MAL	11.14	
221	Jack Holden	MAL	9.59	

3	EUREKA			32.17
382	Jack Davies	EKA	10.23	
951	Angus Trigg	EKA	11.07	
404	Stewart Mcsweyn	EKA	11.10	

4	GLENHUNTLY			33.09
1860	Josh West	GHY	9.39	
968	Adam Braverman	GHY	12.27	
1861	Ibuki Yamane	GHY	11.03	

INV	SANDRINGHAM			33.36
656	Patrick Vella	SAN	11.12	
####	James Bott	SAN	11.19	
	Kirby Stuart	INV	11.04	

5	KNOX			33.47
532	Jesse Mansfield	KNA	10.45	
1542	Joel Eastwood	KNA	12.12	
509	Thomas Watson	KNA	10.50	

INV	ST STEPHENS #2 (INV)			34.26
N/A	Callum McInnes	INV	11.34	
N/A	Aaron Fiddes	INV	11.06	
N/A	James Liley	INV	12.10	

INV	ELTHAM HS (INV)			34.50
N/A	James White	INV	11.34	
N/A	Amos Fun	INV	11.06	
N/A	Aidan Smith	INV	12.10	

6	BALLARAT YCW			34.52
631	Joshua Darby	BYC	11.31	
1064	Jordan Slade	BYC	11.22	
710	Jayden Hayes	BYC	11.59	

7	KEILOR ST BERNARDS			35.39
741	John-Joe Wilson	KSB	12.02	
732	Matthew Calleja	KSB	12.11	
745	Michael Butler	KSB	11.26	

8	ST STEPHENS #1			35.58
1593	Stephen Knuckey	SSH	12.10	
1598	Cameron Gatt	SSH	11.45	
1594	Chris Williams	SSH	12.06	

9	COLLINGWOOD			36.19
895	William Sheils	COL	10.37	
####	Jordan Minter	COL	11.18	
898	Jacob Barnes	COL	14.24	

10	RICHMOND			36.43
1141	Luke Percy	RIC	10.41	
1142	Nathan Percy	RIC	11.42	
589	Liam Dell	RIC	14.21	

	DONCASTER #1			DNF
210	Thomas Rose			12.13

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### MEN UNDER 14

<b>1</b>	<b>MORNINGTON PENINSULA</b>	<b>32.10</b>
235	Jordan Rouse	MPA 10.33
1199	Ben Kelly	MPA 10.38
108	Zachary Rouse	MPA 10.59

  

<b>2</b>	<b>WESTERN ATHLETICS</b>	<b>34.32</b>
1149	John Camilleri	WES 10.45
981	Liam Cashin	WES 12.01
1147	Arie Van Der Merwe	WES 11.46

  

<b>3</b>	<b>DONCASTER</b>	<b>34.42</b>
1528	James Whelan	DAC 10.45
539	James Wang	DAC 11.35
212	Adam Rose	DAC 11.22

  

<b>4</b>	<b>FRANKSTON</b>	<b>35.06</b>
1868	Callum Bell	FKN 10.56
1884	Shaun Walton	FKN 11.06
1449	Matilda Cole	FKN 13.05

  

<b>5</b>	<b>MALVERN</b>	<b>36.17</b>
799	Daniel Hamilton	MAL 12.05
873	Rhys Sherlock	MAL 12.37
802	Andrew Hogan	MAL 11.35

  

<b>6</b>	<b>KNOX</b>	<b>36.22</b>
512	Nicholas Sheridan	KNA 11.37
510	Joshua Watson	KNA 13.39
511	Daniel Sheridan	KNA 11.06

  

<b>7</b>	<b>GEELONG REGION</b>	<b>38.23</b>
1669	Samuel Shields	CHI 13.16
673	Jack Verstraten	CHI 12.29
649	Jack Hockley Samon	CHI 12.38

  

<b>8</b>	<b>BALLARAT YCW</b>	<b>38.50</b>
1269	Mitchell Aitkens	BYC 12.40
711	Jackson Hayes	BYC 12.20
715	Cameron Anderson	BYC 13.03

  

<b>INV</b>	<b>SOUTH MELBOURNE</b>	<b>43.20</b>
N/A	Alex Pointon	INV 13.33
N/A	Ben O'Connell	INV 16.11
995	Paul Nicol	SME 13.46

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### WOMEN DIVISION 1

1	W1.6	KNOX		1:27:28
1554	Karen Barlow	KNA	21.50	
112	Kaila Mcknight	KNA	21.11	
128	Carly Griffith	KNA	22.38	
1550	Kate Seibold-Crosbie	KNA	21.49	

2	W1.4	GLENHUNTLY		1:30:37
1603	Erica Fountain	GHY	21.27	
1862	Heidi Begala	GHY	23.28	
1320	Tarli Bird	GHY	21.43	
1863	Madelaine Begala	GHY	23.25	

3	W1.11	APS UNITED		1:32:49
57	Isabella De Castella	APS	21.16	
1891	Natalie Smith	APS	24.03	
1259	Sophie Ryan	APS	23.09	
1180	Robyn Millard	APS	24.21	

4	W1.7	MELBOURNE UNI		1:34:31
####	Renate Wyss	MUU	22.00	
####	Sarah Opperman	MUU	22.44	
865	Madeleine Oldfield	MUU	26.25	
41	Sophie Barker	MUU	23.20	

5	W1.1	BOX HILL		1:35:05
1362	Rachel Johnson	BOH	21.54	
1330	Kate Ackland	BOH	24.40	
1815	Prue Healy	BOH	25.10	
428	Julie Norney	BOH	23.21	

6	W1.12	SANDRINGHAM		1:38:35
1620	Emma Miller	SAN	23.44	
1633	Tessa Craig	SAN	21.46	
1634	Genevieve Guiney	SAN	28.21	
1622	Claire Fritze	SAN	25.44	

7	W1.2	COLLINGWOOD		1:38:36
####	Susan Michelsson	COL	20.47	
881	Alison Chapman	COL	25.49	
910	Annette Van Rooyen	COL	25.08	
####	Jane Kanizay	COL	26.52	

8	W1.5	KEILOR ST BERNARDS		1:42:04
143	Lisa Stanton-Smith	KSB	24.23	
752	Michelle Augustynek	KSB	27.10	
738	Emma Brown	KSB	26.29	
758	Stephanie Kondogonis	KSB	24.01	

9	W1.10	TRARALGON		1:43:44
1157	Melissa Jones	TRH	24.37	
1175	Nicola Glover	TRH	26.21	
1176	Anna Orr	TRH	27.26	
1155	Sandra Timmer-Arends	TRH	25.20	

10	W1.3	GEELONG REGION		1:45:14
341	Kate Sly	GER	24.00	
313	Kristen Wyatt	GER	24.18	
517	Eliesha Byrt	GER	30.18	
876	Cathryn Hoare	GER	27.18	

11	W1.8	RICHMOND		1:45:56
1132	Lavinia Gordon	RIC	24.33	
1139	Louise Pender	RIC	27.26	
584	Marissa O'Leary	RIC	27.52	
1657	Penny Watts	RIC	26.01	

	W1.9	RINGWOOD		DNF
1656	Coral Farr	RWD	27.39	

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### WOMEN DIVISION 2

1	W2.6	DONCASTER		1:30:02
1527	Katherine Katsenavakis	DAC	23.10	
170	Grace Thek	DAC	21.50	
152	Sam Carberry	DAC	23.15	
1529	Fiona Nash	DAC	21.47	

2	W2.8	KNOX		1:34:11
1235	Katie Duncan	KNA	22.46	
1536	Karen Thorpe	KNA	22.21	
1553	Sara McKinney	KNA	24.49	
1555	Monica Haydock	KNA	24.13	

3	W2.1	ATHLETICS ESSENDON		1:36:42
1423	Linden Hall	ATE	23.40	
1420	Sue Geard	ATE	23.50	
####	Janine Higham	ATE	25.03	
1416	Nicole Mills	ATE	23.44	

4	W2.5	DIAMOND VALLEY		1:39:00
####	Lauren Crowe	DIV	22.32	
1611	Maryann Murray	DIV	22.26	
1612	Gemma Cosgriff	DIV	24.23	
838	Caitlen Broberg	DIV	29.39	

5	W2.10	MELBOURNE UNI		1:39:27
868	Chantal Fromont	MUU	24.45	
870	Katharine Scarlett	MUU	24.45	
862	Elaine Chan	MUU	26.13	
521	Charlotte Curnow	MUU	23.14	

6	W2.3	BENDIGO REGION		1:39:33
316	Meredith Cook	BER	23.13	
645	Amanda Worthington	BER	26.55	
451	Anne Buckley	BER	24.19	
1260	Penny Brown	BER	25.03	

7	W2.7	GLENHUNTLY		1:40:07
1836	Jane Cook	GHY	24.56	
1854	Bridie O'Shannesy	GHY	25.37	
1839	Kylie Dick	GHY	23.06	
1312	Hannah Catto-Smith	GHY	26.27	

8	W2.2	BALLARAT YCW		1:41:21
372	Samantha Howard	BYC	25.18	
632	Sara Tucker	BYC	25.35	
408	Anne Martin	BYC	23.36	
1065	Corrie Van Raaphorst	BYC	26.54	

9	W2.11	ST STEPHENS		1:42:06
1576	Sarah Lester	SSH	24.02	
1578	Alex McCallum	SSH	26.53	
1586	Charlotte Anderson	SSH	26.16	
1584	Whitney Sharpe	SSH	24.55	

10	W2.12	WESTERN ATHLETICS		1:42:31
986	Belinda Keogh	WES	24.44	
658	Loren Lane	WES	25.57	
983	Talissa Jansen	WES	24.24	
984	Rebecca Gatt	WES	27.26	

11	W2.9	MALVERN		1:48:39
821	Tracey Austin	MAL	21.38	
1886	Jo Pratt	MAL	30.06	
1113	Helen Lau	MAL	28.03	
816	Caroline Howard	MAL	28.52	

12	W2.4	COBURG		2:07:36
1093	Stefanie-Marie Modesti	COB	29.10	
1092	Helen Roberts	COB	29.15	
1095	Diane Brimacombe	COB	37.32	
1086	Tracey Dryden	COB	32.19	

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Cross Country & Road Racing

## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### WOMEN DIVISION 3

1	W3.10	KNOX		1:17:05
1551		Hayley Spencer	KNA	25.41
1552		Kathy Rundle	KNA	25.47
1030		Bryony Nayagam	KNA	25.37

2	W3.3	BOX HILL		1:18:04
1221		Megan Sloane	BOH	26.31
1827		Tracey Taylor	BOH	25.12
1223		Margie Conley	BOH	26.21

3	W3.6	EUREKA		1:18:45
1664		Kate Mitchell	EKA	26.38
324		Simone Boorn-Wells	EKA	27.17
789		Megan Gellert	EKA	24.50

4	W3.8	GLENHUNTLY		1:18:54
1600		Mary Sloan	GHY	25.40
1311		Barb Paldus	GHY	26.53
1609		Lesley Grimes	GHY	26.21

5	W3.2	ATHLETICS WAVERLEY		1:19:46
1050		Sally Atkinson	AWA	25.54
1509		Nickie Scriven	AWA	26.49
1493		Uma Muthia	AWA	27.40

6	W3.12	ST STEPHENS		1:19:47
1581		Bec Stone	SSH	27.11
1585		Nicola Loyer	SSH	25.43
1580		Erin McConchie	SSH	26.53

7	W3.7	FRANKSTON		1:21:35
1445		Danielle McCartney	FKN	27.18
1870		Maddie Essing	FKN	27.03
1304		Sarah Davies	FKN	27.14

8	W3.4	CASEY CARDINIA		1:22:20
1458		Emily Pimlett	CCA	27.32
1459		Emma Wilton	CCA	28.46
1670		Siobhan Jagusch	CCA	26.01

9	W3.14	WESTERN ATHLETICS		1:23:06
1152		Melinda Hiatt	WES	27.10
660		Sharna Welch	WES	27.28
677		Joanne Francken	WES	28.28

10	W3.1	ATHLETICS ESSENDON		1:23:55
1419		Elizabeth French	ATE	24.46
933		Emma Lucas	ATE	28.41
1407		Lisa Williams	ATE	30.28

11	W3.13	TRARALGON		1:24:56
1367		Lauren Isles	TRH	28.42
1166		Kahlee Galea	TRH	28.14
1170		Claire Issell	TRH	28.00

12	W3.11	MENTONE		1:26:51
1490		Emma O'Halloran	MEN	28.54
1475		Lisa O'Halloran	MEN	29.54
1487		Sandy Adlington	MEN	28.01

INV	W3.9	INVITATION TEAM		1:29:07
N/A		Kylie Griffiths	INV	26.09
N/A		Briana Dewar	INV	30.49
N/A		Silvana Stefanovski	INV	32.16

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### WOMEN DIVISION 4

1	W4.5	GLENHUNTLY #1	1:20:27
1843	Nat Esparon	GHY	27.51
1855	Anna Reddie	GHY	26.45
1848	Kellie Macnamara	GHY	25.51

INV	W4.16	RUNNING IN THE BURBS	1:22:33
N/A	Karin Bristowe	INV	27.44
N/A	Shaylyn Mitchell	INV	29.15
N/A	Kellie Emmerson	INV	25.34

2	W4.3	BOX HILL	1:23:00
1823	Liz Dobson	BOH	27.19
1817	Kerry Putt	BOH	27.31
1830	Charmaine McNally	BOH	28.10

3	W4.8	KNOX #1	1:24:19
1244	Simone Quin	KNA	26.50
1549	Annette Pelgrim	KNA	31.30
1233	Anna Dalberto	KNA	25.59

4	W4.7	KEILOR ST BERNARDS	1:24:47
761	Kathryn Grbac	KSB	26.18
739	Amy Brown	KSB	31.46
118	Elise Aplin	KSB	26.43

5	W4.12	MELBOURNE UNI #2	1:27:42
1197	Tess Bright	MUU	28.45
1289	Wendy-Grace Williams	MUU	30.48
860	Camilla Humphries	MUU	28.15

6	W4.20	WILLIAMSTOWN	1:28:01
1189	Ann-Marie Mercieca	WTN	23.33
1190	Emily Wilmshurst	WTN	35.17
1188	Sasha Hall	WTN	29.11

7	W4.15	OAKLEIGH	1:28:21
684	Kym Osmand	OAK	28.45
1467	Janine McKerron	OAK	30.22
1468	Liz Eastwood	OAK	29.13

8	W4.6	GLENHUNTLY #2	1:29:50
973	Narelle Jennings	GHY	29.54
1859	Helen West	GHY	28.22
971	Michelle Edmonds	GHY	31.34

9	W4.18	WESTERN ATHLETICS	1:30:56
657	Mechelle Lane	WES	29.06
664	Christine Durso	WES	31.41
662	Sue Rebesco	WES	30.09

10	W4.21	BENDIGO REGION	1:31:42
779	Debby Kirne	BER	28.14
786	Melinda Gilligan	BER	34.44
784	Kerrieanne Hocking	BER	28.44

11	W4.11	MELBOURNE UNI #1	1:32:37
869	Sarah Lonie	MUU	27.48
1293	Tracy Mcgougan	MUU	35.02
1299	Sarah Castelino	MUU	29.87

INV	W4.19	GLENHUNTLY #3 (INV)	1:35:38
N/A	Josie Caine	INV	32.01
N/A	Lydia Bodoer	INV	28.16
959	Alice Sephton	GHY	35.21

12	W4.1	ATHLETICS WAVERLEY	1:36:24
1056	Janice Marston	AWA	28.27
1499	Mai Le	AWA	34.29
1496	Anissa Muthia	AWA	33.05

13	W4.2	BALLARAT YCW	1:38:22
1959	Sarah Davis	BYC	38.49
728	Liza Somers	BYC	31.12
713	Jennifer Cullum	BYC	28.21

	W4.9	KNOX #2	DNF
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No Team Sheet Submitted

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## ROUND 1 - CROSS COUNTRY RELAYS JELLS PARK SATURDAY 18TH APRIL

### WOMEN 40+

1	TRARALGON			1:22:46
1370	Lisa Luckie	TRH	26.19	
1177	Carmel Quirk	TRH	30.08	
1369	Deb Piercy	TRH	26.19	

2	COLLINGWOOD			1:23:00
899	Janette Chapman	COL	27.39	
####	Carmel Pardy	COL	27.39	
892	Frances Willmot	COL	27.42	

INV	MACCABI (INV)			1:30:32
N/A	Debbie Kipen	INV	30.50	
N/A	Shelly Wright	INV	29.56	
N/A	Tory Resic	INV	29.44	

3	KEILOR ST BERNARDS			1:34:24
743	Catherine Matthews	KSB	29.02	
750	Tania Kapetanovic	KSB	30.33	
754	Janet Moloney	KSB	34.45	

### WOMEN UNDER 20

1	GLENHUNTLY #1			36.07
174	Keana Tour May	GHY	11.07	
1322	Laura Eades	GHY	12.16	
1853	Laura Monagle	GHY	12.44	

2	DONCASTER			36.18
1532	Keisha Contini	DAC	11.56	
####	Alex Spangaro	DAC	12.32	
856	Claire Walpole	DAC	11.50	

3	GLENHUNTLY #2			38.06
1325	Simone Mcinnes	GHY	13.23	
1308	Bridget Corcoran	GHY	12.12	
1606	Nicola Anthony	GHY	12.31	

4	ST STEPHENS #1			38.48
1592	Polly Schofield	SSH	13.08	
1597	Milla McLean	SSH	12.51	
1591	Banca Mignot	SSH	12.49	

5	BALLARAT YCW			39.54
718	Sarah Prendergast	BYC	13.21	
629	Stephanie Holloway	BYC	13.34	
723	Georgina Ryan	BYC	13.01	

6	RINGWOOD			40.06
1655	Carly McDade	RWD	11.46	
1183	Amanda Chimenton	RWD	16.07	
1654	Shannon McDade	RWD	12.14	

7	BENDIGO REGION			42.02
1178	Kirrily Burnett	BER	14.09	
783	Caitlyn Hocking	BER	14.33	
1218	Yvette Touhey	BER	13.20	

INV	ST STEPHENS #2 (INV)			42.09
N/A	Ellen Walls	INV	15.17	
N/A	Elicia Marriner	INV	14.36	
N/A	Bee Horsley	INV	12.16	

	KEILOR ST BERNARDS			DNF
1277	Laura Salamito	KSB	15.46	
1011	Brent Lampard	KSB	12.33	

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### WOMEN UNDER 18

INV	ATHLETICS ESSENDON #1			33.27
191	Erin Rayner	ATE	10.53	
1396	Danielle Baulch	ATE	11.21	
	Jaimie Vernon	INV	11.12	

1	BALLARAT YCW #1			34.38
367	Lyra Meehan	BYC	11.04	
625	Rebecca Wood	BYC	12.02	
65	Rachel Tallent	BYC	11.22	

2	BOX HILL			36.51
1828	Eloise O'Brien	BOH	11.49	
1363	Amelia Savige	BOH	13.04	
1804	Amy Carrig	BOH	11.58	

3	ATHLETICS ESSENDON #2			37.28
1400	Lauren DenOuden	ATE	12.03	
1402	Demi Erfurth	ATE	12.45	
####	Monica Zaksek	ATE	12.41	

4	DONCASTER #1			37.33
1522	Alex Lyster	DAC	12.54	
1530	Jemima Bourke	DAC	13.39	
166	Bronte Gange	DAC	11.00	

5	KNOX #1			38.00
1028	Ashleigh Stevenson	KNA	12.47	
1533	Nikki Maher	KNA	13.16	
533	Vanessa O'Shea	KNA	12.03	

6	KNOX #2			38.52
534	Malyce Mcfaul	KNA	14.10	
1033	Amelia Finnegan	KNA	12.58	
1020	Rachel Bullard	KNA	11.40	

7	KEILOR ST BERNARDS			39.19
753	Jasmine Mcleod	KSB	12.38	
1017	Tarryn Fisher	KSB	13.04	
1281	Emily Gregg	KSB	13.37	

8	ATHLETICS WAVERLEY			39.31
1054	Georgia Brock	AWA	12.28	
1494	Seema Muthia	AWA	14.47	
1556	Danielle Trowell	AWA	12.21	

9	DIAMOND VALLEY			40.42
1613	Kimberley Hart	DIV	13.13	
1614	Zoe Girbau	DIV	13.15	
833	Sarah Leeming	DIV	14.14	

10	BALLARAT YCW #2			40.50
1265	Rose Stimpson	BYC	13.15	
628	Alanah Holloway	BYC	14.22	
1058	Emily Atkins	BYC	13.13	

11	WESTERN ATHLETICS			42.00
681	Lexie Alfieri	WES	13.57	
1150	Claire Hodgart	WES	13.23	
985	Allison Gatt	WES	14.40	

INV	MORNINGTON PENINSULA			DNF
1435	Renee Rogasch	MPA	12.47	
	Kaitlin Adamson	INV	16.04	

	FRANKSTON			DNF
1879	Kimberley Duthie	FKN	12.02	

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### WOMEN UNDER 16

<b>1</b>	<b>WESTERN ATHLETICS #1</b>	<b>32.56</b>					
	215 Courtney Scott	WES	10.02				
	1389 Rochelle Kennedy	WES	11.22				
	982 Amy Cashin	WES	11.32				
<b>2</b>	<b>KNOX #1</b>	<b>33.33</b>					
	107 Samantha Prime	KNA	9.51				
	513 Nicole Pennings	KNA	12.26				
	1036 Jessica Prime	KNA	11.16				
<b>3</b>	<b>ATHLETICS ESSENDON #1</b>	<b>34.06</b>					
	184 Alanah Hayes	ATE	11.00				
	1413 Sarah Connell	ATE	11.47				
	934 Stacey Stanley	ATE	11.19				
<b>4</b>	<b>GEELONG #2</b>	<b>36.44</b>					
	441 Claudia Verstraten	GER	11.00				
	667 Ricci Curtis	GER	13.02				
	668 Holly Curtis	GER	12.36				
<b>5</b>	<b>GLENHUNTLY</b>	<b>36.45</b>					
	1313 Anne Wallace	GHY	11.46				
	1318 Chauneu Douglass	GHY	12.31				
	1252 Chynea Lang	GHY	12.28				
<b>6</b>	<b>FRANKSTON</b>	<b>37.16</b>					
	1439 Tayla Sproule	FKN	12.09				
	1880 Taylah Smith	FKN	12.22				
	1871 Jacqui Essing	FKN	12.46				
<b>INV</b>	<b>ATHLETICS ESSENDON #2</b>	<b>37.46</b>					
	1414 Liana Fitzpatrick	ATE	11.16				
	Louisa Kitchin	INV	13.01				
	Ellen Hall	ATE	13.28				
<b>8</b>	<b>CASEY CARDINIA</b>	<b>37.59</b>					
	1462 Charlotte Jagusch	CCA	12.03				
	1671 Teghan Jagusch	CCA	12.24				
	1451 Ebony Sturgess	CCA	13.34				
<b>9</b>	<b>GEELONG REGION #1</b>	<b>38.45</b>					
	670 Darcie Verstraten	GER	12.49				
	919 Wendy Parish	GER	13.03				
	935 Shantelle Maurer	GER	12.53				
<b>10</b>	<b>BALLARAT YCW</b>	<b>38.46</b>					
	383 Jessica Howard	BYC	12.02				
	716 Ebony Tallent	BYC	14.10				
	626 Louise Wood	BYC	12.37				
<b>11</b>	<b>MALVERN</b>	<b>38.49</b>					
	804 Ashley Albert	MAL	11.43				
	798 Natasha Marr	MAL	12.14				
	796 Phoebe Rahn	MAL	15.32				
<b>12</b>	<b>KEILOR ST BERNARDS</b>	<b>39.28</b>					
	747 Clare Butler	KSB	12.49				
	746 Laura Butler	KSB	12.01				
	1275 Nitel Tunas	KSB	14.36				
<b>13</b>	<b>DONCASTER</b>	<b>40.30</b>					
	842 Ashlee Walburg	DAC	12.05				
	1523 Rachel Lyster	DAC	13.56				
	844 Maree Tunnecliffe	DAC	14.32				
<b>14</b>	<b>WESTERN AHLETICS #2</b>	<b>42.22</b>					
	1144 Amanda Missale	WES	12.02				
	665 Rebecca Durso	WES	14.55				
	988 Jennifer Walter	WES	15.35				
<b>15</b>	<b>KNOX #2</b>	<b>44.06</b>					
	238 Lauren Stadius	KNA	14.27				
	1026 Corey Pendry	KNA	16.16				
	1541 Jessie Eastwood	KNA	13.23				

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### WOMEN UNDER 14

1	FRANKSTON			33.48
642	Rebekah Matulis	FKN	10.57	
1865	Riley Cridland	FKN	11.36	
1885	Kayla Cheasley	FKN	11.15	

2	COBURG			36.18
1076	Leah Polycarpou	COB	11.39	
1205	Leigh Roux	COB	12.08	
####	Amber Dominutti	COB	12.31	

3	DONCASTER #1			36.18
1519	Laura Powell	DAC	11.14	
1531	Charlotte Bassett	DAC	12.50	
849	Isabella Dalla Costa	DAC	12.14	

4	ATHLETICS ESSENDON #1			36.47
1412	Lauren Connell	ATE	12.30	
1425	Ashleigh Hayes	ATE	12.10	
1404	Bethany Rayner	ATE	12.07	

5	ATHLETICS ESSENDON #2			37.22
1399	Rebecca DenOuden	ATE	12.01	
1406	Elsa Kuhumann	ATE	13.00	
1421	Casey Geard	ATE	12.21	

6	KNOX			38.24
535	Grace Mcfaul	KNA	12.46	
1021	Jessica Cox	KNA	12.15	
1025	Maxime Plugge	KNA	13.23	

7	SOUTH COAST			38.49
232	Sadie Plumb	SCA	12.06	
233	Stephanie George	SCA	13.24	
558	Sandra Plumb	SCA	13.19	

8	MALVERN			39.40
237	Sarah Burren	MAL	12.03	
797	Angeline Marr	MAL	14.32	
800	Matilda Williams	MAL	13.05	

9	BALLARAT YCW			41.20
1201	Jemma Mirabella	BYC	11.39	
719	Chloe Prendergast	BYC	13.54	
634	Britt Lewis	BYC	16.37	

INV	ELTHAM HS (INV)			41.48
N/A	Louise Alford	INV	10.53	
N/A	Olivia Kruetzer	INV	16.10	
N/A	Kristine Alford	INV	14.45	

10	KEILOR ST BERNARDS			42.26
1888	Amber Ballard	KSB	14.21	
1889	Judith Robinson	KSB	13.06	
1278	Johanna Guiney	KSB	15.01	

11	DONCASTER #2			42.53
1515	Emily Fitt	DAC	14.59	
841	Kirsten Walburg	DAC	15.02	
846	Megan Pengelly	DAC	12.52	