

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS DIVISION 1											
1	GLENHUNTLY		1:55:11								
1	99	CRAIG HUFFER	19.03	2	1857	CRAIG SEMPLE	19.28	3	1845	LUKE HENNESSY	18.46
4	1321	TOBY RAYNER	18.40	5	423	ANTHONY WILSON	19.59	6	1319	SHAUN KRAWITZ	19.15
2	ATHLETICS ESSENDON		1:55:43								
1	1403	WALID A-KURTU	19.06	2	1989	RYAN MATHEWS	19.20	3	1408	RYAN JACKSON	19.49
4	179	RYAN GEARD	19.50	5	19	LIAM ADAMS	18.02	6	927	MARK BLICAVS	19.35
3	BALLARAT YCW HARRIERS		1:56:35								
1	1061	JAMIE HUGGETT	19.07	2	1761	RICHARD GLEISNER	19.21	3	25	SHANE NANKERVIS	18.27
4	318	NICHOLAS VAN RAAPHORST	19.41	5	633	SIMON TOURNIER	19.43	6	329	AARON GREEN	20.16
4	DONCASTER		1:57:58								
1	2239	ALLAN FAILLA	19.07	2	2401	BENJAMIN ASHKETTLE	18.23	3	1101	LACHLAN MCARTHUR	19.36
4	46	MATTHEW JOHNSEN	19.29	5	850	STUART WALPOLE	21.24	6	1525	RODERIC DE HIGHDEN	19.59
5	KNOX ATHLETICS		1:58:20								
1	140	KANE WILLE	18.28	2	2160	JAY PHILLPOTTS	19.46	3	507	MATTHEW BEER	20.34
4	1537	BENJAMIN TOOMEY	18.37	5	2526	RIZA GULTEKIN	20.43	6	2152	JAMES ALEXANDER	20.12
6	BOX HILL		1:58:36								
1	1834	MATTHEW COLOE	19.18	2	1936	ADRIAN VINCENT	21.15	3	1833	BARRY LYNCH	19.07
4	1832	STEPHEN KELLY	19.23	5	2266	STUART WATSON	20.42	6	1813	ANDREW WHITE	18.51
7	GEELONG REGION		1:59:56								
1	29	BRENTON ROWE	18.43	2	904	NICHOLAS WIGHTMAN	19.47	3	323	RYAN CHRISTIAN	20.36
4	1336	COLIN THORNTON	20.01	5	2425	WESLEY BENSON	20.46	6	675	BRETT COLEMAN	20.03
8	BENDIGO REGION		2:02:22								
1	1072	BRADY THRELFALL	18.50	2	2147	BRYAN KEELY	20.14	3	1099	KYALL BRITTEN	20.37
4	2135	LEON KEELY	20.12	5	2547	DAVID BIRCH	21.38	6	1256	JOSHUA NOLAN	20.43
9	SANDRINGHAM		2:03:37								
1	696	ANDREW COLES	20.19	2	653	JONATHON MATTHEWS	19.50	3	692	PAUL MARTINICO	19.56
4	1629	TROY WILLIAMS	20.38	5	695	SHANE FIELDING	22.26	6	1621	DAVID VENOUR	20.27
10	MELBOURNE UNIVERSITY		2:04:14								
1	864	ANDREW SELBY SMITH	20.28	2	872	THOMAS GORMAN	21.14	3	2505	FRANK CIANCIO	20.38
4	1295	HAMISH BEAUMONT	20.15	5	2290	ZAC NEWMAN	21.21	6	859	DAVID PAROISSIEN	20.13
11	APS UNITED		2:04:32								
1	2080	ANDREW SIMM	20.12	2	1890	DARCY LONG	20.30	3	2489	MICHAEL KENNEDY	22.18
4	2248	CHRISTOPHER BUNNEY	21.19	5	1124	ANTONY RICKARDS	20.16	6	2487	DAMIEN ANGUS	19.57
DNF	COLLINGWOOD HARRIERS		2:09:38								
1	912	MALCOLM CAMPBELL	20.40	2	895	WILLIAM SHEILS	DNF	3	1249	JUSTIN MURPHY	20.03
4	1780	JARROD KANIZAY	22.45	5	1778	CAMERON KEALY	24.08	6	62	MAGNUS MICHELSSON	20.42

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS DIVISION 2									
1	EUREKA	2:02:10							
1	1335 SAM ELLIS	19.03	2	1678 STEVEN LINANE	21.56	3	700 MATTHEW GRIFFIN	21.04	
4	3000 ALEX KOSTOV	22.07	5	1471 TYSON POPPLESTONE	19.13	6	102 DUER YOA	18.47	
2	ATHLETICS WAVERLEY	2:06:40							
1	1055 RICK WHITEHEAD	21.17	2	1503 STEVEN WILLIAMS	21.01	3	1053 MARTIN SPITERI	21.16	
3	1500 ROHAN CLAFFEY	22.18	5	406 JAMES ATKINSON	20.52	6	1506 STEPHEN PAINE	19.48	
3	GLENHUNTLY	2:06:42							
1	963 CHRISTOPHER WINTER	20.22	2	2557 JOSHUA PAPANIKOLAOU	20.39	3	960 DARREN HENSTRIDGE	20.48	
4	1837 STEPHEN COOK	22.00	5	2439 PETER HULBERT	22.49	6	1324 DAVID CARVER	19.46	
4	RICHMOND HARRIERS	2:06:55							
1	581 SIMON AUSTEN	19.38	2	1131 ROHAN WARE	19.59	3	1140 ADAM PERCY	22.33	
4	1333 LYNDON GALEA	20.06	5	585 TONY DELL	24.03	6	1129 JOJI MORI	20.36	
5	KEILOR ST BERNARDS	2:08:20							
1	736 ZORAN SMITH	21.46	2	740 LACHLAN BROWN	22.52	3	1279 SEAN STEVENS	19.19	
4	756 LACHLAN YOURN	21.01	5	748 JAMES BUTLER	21.54	6	411 PETER GAFFNEY	21.24	
6	COLLINGWOOD HARRIERS	2:08:25							
1	918 SIMON BEVEGE	19.40	2	2275 RAY HYNES	21.02	3	888 ANDREW EVANS	21.27	
4	908 MARK DRAPER	23.00	5	913 DARREN MORRIS	21.35	6	1250 ANTHONY MITHEN	21.41	
7	BOX HILL	2:08:31							
1	1939 CHRISTOPHER BRADFORD	20.38	2	1331 LUKE YEATMAN	20.02	3	429 BERT PELGRIM	21.56	
4	2265 DAVID JIMENEZ	21.22	5	1329 STEVEN GRIFFIN	21.47	6	1986 CHAAITANYA KATHIRASAN	22.46	
8	ATHLETICS NUNAWADING	2:12:17							
1	787 ADRIAN MCLEAN	20.00	2	514 MARK DESLANDES	22	3	524 MATTHEW VERNAL	21.54	
4	515 JEFFREY BRODERICK	22.37	5	523 FRANKLYN BERTEI	23.22	6	426 STEPHEN VERNAL	22.22	
9	MORNINGTON PENINSULA	2:13:12							
1	1433 ANTHONY WALLACE	19.56	2	1983 RICK MIRABELLA	23.14	3	1206 STEPHEN VAN DER TANG	22.33	
4	1911 GARY EWART	22.40	5	1438 MICHAEL WHEATLEY	22.15	6	1429 CAMERON STAGGARD	22.34	
10	TRARALGON HARRIERS	2:14:00							
1	455 DARREL CROSS	22.22	2	1159 PETER EVANS	21.2	3	1173 DESMOND PAYNTER	21.49	
4	1163 GREG SEMMLER	23.52	5	2107 IAN CORNTHWAITE	21.13	6	1172 SHANE PETTINGILL	23.24	
11	WESTERN ATHLETICS	2:14:11							
1			2			3			
4			5			6			
12	MALVERN HARRIERS	2:15:30							
1	2129 ORLANDO PARISH	21.52	2	822 DAVID STONES	23.44	3	812 SHAUN GREEN	22.20	
4	2317 GAVIN BURREN	23.10	5	977 JOHN WILLIAMS	22.15	6	2171 CHRISTOPHER HARVEY	22.07	
13	DIAMOND VALLEY	2:25:46							
1	1931 CHRISTOPHER RANCIE	21.02	2	863 BERNIE SMITH	30.11	3	1616 PAUL TOWNSEND	23.07	
4	835 TREVOR CARTER	23.51	5	839 ROBIN BROBERG	25.44	6	832 PHILIP CHAMPION	21.51	

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS DIVISION 3										
1	FRANKSTON			1:45:08						
1	638	DANE VERWEY	19.39	2	1872	GEORGE HEDLEY	20.37	3	1881 CAMERON SMITH	20.22
4	2324	RYAN SMITH	22.55	5	1869	DALE MILLER	21.35			
2	KNOX ATHLETICS			1:45:55						
1	1034	DAMIAN GAUCI	21.49	2	1538	LUKE TOOMEY	21.16	3	504 BROCK HOGAN	21.15
4	1027	ANDREW STEVENSON	21.16	5	1240	MARK SEEN	20.21			
3	BALLARAT HARRIERS			1:47:16						
1	1993	ADAM ORR	22.01	2	1767	WILLIAM BURGE	20.54	3	769 NATHAN HARTIGAN	18.58
4	566	TONY PRESTON	22.54	5	560	RODNEY HANSEN	22.29			
4	MENTONE			1:49:58						
1	1486	MATTHEW SMITH	22.26	2	1482	PAUL DEACON	21.57	3	1485 VAUGHN MCCULOGH	21.23
4	1484	TREVOR MCCANN	24.25	5	1477	MARTY FEDMOWSKI	19.47			
5	COBURG HARRIERS			1:50:36						
1	1081	LIAM MAGEE	20.06	2	1084	JEREMY GREY	21.12	3	1083 JAMES TAYLOR	23.13
4	1079	PHILIP VAN DUEREN	23.14	5	1094	GLENN CARROLL	22.5			
6	MELBOURNE UNIVERSITY			1:51:07						
1	1294	CHARLIE SHELDON	21.10	2	2289	ANDREW MOORE	23.40	3	2139 DAVID ULBRICK	21.59
4	1301	MATTHEW IRONS	21.58	5	2413	ALEXANDER KAISER	22.20			
7	RINGWOOD			1:51:14						
1	1973	CRAIG APPLEBY	20.00	2	1349	JACK BROOKS	21.53	3	157 TOM FAWTHORPE	19.46
4	1971	SCOTT FIELDING	26.21	5	1347	GILBERT OLSEN	23.14			
8	BALLARAT YCW HARRIERS			1:51:54						
1	1762	BEN HUGGETT	20.57	2	1059	MAURICE PRENDERGAST	21.45	3	1720 RUSSEL COWAN	23.08
4	368	MATTHEW BLOOD	24.26	5	791	STEPHEN MCMAHON	21.38			
9	GLENHUNTLY			1:51:57						
1	1929	PAUL STRANGIO	21.40	2	1864	ANDREW BLAKE	22.21	3	1849 PETER MACKNAMARA	22.17
4	965	HAN QUACH	22.36	5	1602	MATTHIAS HAEUSSLER	23.02			
10	SOUTH MELBOURNE			1:53:15						
1	2109	SRINI MANDAVA	23.31	2	993	ANDREW DEMETRIOU	23.38	3	1000 YARED TEMESGEN	19.30
4	2299	ADAM KAVANAGH	22.19	5	1001	ANDREW BLACK	24.17			
11	SANDRINGHAM			1:54:09						
1	691	DEREK MCDONALD	22.36	2	694	GLENN GOODMAN	22.59	3	690 DAVID SPACKMAN	23.46
4	1632	MARCUS DANIELL	22.54	5	651	ANTHONY LEE	21.54			
12	COLLINGWOOD HARRIERS			1:55:38						
1		DANNY HEDER	23.52	2	891	ANTHONY HALLY	23.20	3	1775 TREVOR HANSEN	23.28
4	2148	ERIC LOUW	22.52	5	915	ANTHONY WEILAND	22.06			
13	ST STEPHENS HARRIERS			1:55:49						
1	1590	GRAHAM CRAIGIE	22.47	2	1562	LACHLAN ASPINALL	20.26	3	1587 JAKE PEDLEY	23.03
4	1570	TERRY DALGLEISH	23.45	5	2418	DAVID KIPP	25.48			
14	APS UNITED			2:07:50						
1	1662	JARED HAUBE	23.03	2	2572	RENE DA SILVA	25.12	3	1119 STUART FACEY	28.13
4	1118	PETER DODGSHUN	28.28	5	2259	SELIM AHMED	22.54			
DNF	KEILOR ST BERNARDS			DNF						
1	757	JOHN KONDOGONIS	23.47	2	2064	LIAM SMITH	27.30	3	742 EAMON DIMASI	26.23

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MENS DIVISION 4										
1	ATHLETICS ESSENDON		1:48:57							
1	1427	DANIEL WHITE	21.04	2	2073	SIMON FITZPATRICK	21.04	3	1417 ROLAND BURKE	21.15
4	1422	AARON HEANEY	22.27	5	929	DANNY HAWKSWORTH	23.07			
2	WESTERN ATHLETICS		1:54:54							
1	2046	MITCHELL PYERS	23.04	2	1388	JACK RAYNER	23.02	3	1248 NICHOLAS FRY	23.23
4	427	ALLAN COOK	22.28	5	1211	ADRIAN JEFFKINS	23.01			
3	KNOX ATHLETICS		1:56:30							
1	2292	SCOTT ANTONY	22.14	2	1934	ERNEST LIM	23.18	3	529 RUSSELL SPEIGHT	24.23
4	1902	CHRIS KLEP	23.34	5	729	MIKE RENNIE	22.58			
4	WENDOUREE		1:58:36							
1	101	ASHLEY WATSON	18.46	2	697	STEPHEN MCLENNAN	22.46	3	979 PHILLIP MCLENNAN	23.18
4	698	GRAEME CARTLEDGE	23.45	5	706	JENNY KISLER	30.01			
5	MACCABI		2:01:12							
1	1378	JULIEN SCHULBERG	20.54	2	1380	JOSHUA LOWE	25.35	3	1375 JULIAN SACK	27.10
4	1377	ADAM BOGATIN	25.22	5	1379	ZAC ASHKANASY	21.12			
6	COBURG HARRIERS		2:03:00							
1	1088	JOSHUA PERSSON	24.04	2	1082	TIM HOLLOWAY	25.04	3	1085 MARK KELLY	24.04
4	2054	KEN SOUYAVE	24.43	5	1080	EDWIN CHEUNG	25.05			
7	RICHMOND HARRIERS		2:03:35							
1	1658	JAMES RICHARDS	23.30	2	422	COLIN PAGE	25.05	3	1130 SEBASTIAN TEMPLE	24.23
4	1128	PETER RISK	25.25	5	1191	RHYS COLEMAN	25.12			
8	GLENHUNTLY		2:04:30							
1	1314	SHAUN LENEHAN	22.23	2	2520	MIKHAIL BHATIA	26.25	3	2176 NORD SAMUELSON	24.46
4	2521	JAMES BINNINGTON	25.09	5	1930	DANIEL WATSON	25.45			
9	SANDRINGHAM		2:09:52							
1	689	BRIDGET WETHERALL	24.06	2	1620	EMMA MILLER	25.35	3	650 SIMON DUFFY	23.04
4	652	RAY MAHONEY	27.34	5	1627	JOHN KNEEN	29.29			
10	MALVERN HARRIERS		2:10:13							
1	811	DAN HALLIDAY	24.33	2	1887	FRANCIS KASZMAREK	28.12	3	1114 DAVID LAU	23.41
4	1112	DAMIAN SUTHERLAND	25.56	5	820	JOHN NEIL	27.51			
11	COLLINGWOOD HARRIERS		2:18:46							
1	900	CHRISTOPHER WALDRON	23.28	2	903	TOM AVRAM	24.04	3	906 TROY KAMEME	27.2
4	909	JOHN CRAMERI	25.56	5	506	STEPHEN GRIFFITHS	37.58			
12	OAKLEIGH		2:24:55							
1				2				3		
4				5						

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS DIVISION 5									
1		BENDIGO REGION	1:28:44						
1	781	IAN WELLARD	21.36	2	1472	RUSSELL FENWICK	22.21	3	2350 MICHAEL BIELENY 22.16
4	1910	LUKE HUTCHINS	22.30						
2		FLUID MOVEMENTS (INV)	1:29:25						
1		BEN WRIGHT	21.23	2		PETER BOLTON	23.05	3	CAMERON BRINDLEY 23.5
4		JEREMY DRAKE	20.50						
3		SOUTH COAST ATHLETICS	1:30:46						
1	206	SAMUEL QUIRK	20.22	2	491	STEVEN QUIRK	21.26	3	2087 DEAN LANGFORD 25.14
4	554	BENJAMIN QUIRK	23.44						
4		BOX HILL	1:31:37						
1	1824	ANDREW NAGLE	21.20	2	1225	GRAEME OLDEN	23.25	3	1361 DAVID FEATHERSTON 23.20
4	2366	MARCUS HANLEY	22.35						
5		EUREKA	1:34:15						
1	940	CHRISTOPHER MUNN	21.55	2	951	ANGUS TRIGG	25.03	3	938 CHRISTOPHER SKETT 23.33
4	788	BRIAN MARTIN	23.44						
6		ATHLETICS WAVERLEY	1:35:23						
1	1047	CRAIG SANFORD	22.53	2	1502	MICHAEL RAFFERTY	23.04	3	1495 GANESHA MUTHIA 25.56
4	1498	CHRISTOPHER KNOTT	23.30						
7		COLLINGWOOD HARRIERS	1:41:29						
1	886	CRAIG SERVINIS	22.56	2	916	JOSHUA DEBINSKI	27.22	3	897 MASON BARNES 24.3
4	907	JIM HOPKINS	27.24						
8		WESTERN ATHLETICS	1:44:07						
1	2047	CAMERON MACAULAY	24.13	2	1246	CHRISTOPHER CAMILLERI	24.03	3	1153 STEVEN MARTIN 28.4
4	683	STUART MACAULAY	27.11						
9		MELBOURNE UNIVERSITY	1:45:57						
1	1291	RICHARD DUTTON	23.36	2	836	KEN CHAN	31.52	3	1730 TONY BRAIN 23.57
4	2490	THEO TSICHRINTZIS	26.32						
10		COBURG HARRIERS	1:50:15						
1	1090	GARY BLAKE	27.10	2	2056	MICHAEL MURRELL	28.32	3	1077 BRIAN DELANEY 26.51
4	1287	ROBERT VIRGONA	27.43						
11		TRARALGON HARRIERS	1:50:35						
1	1203	MICHAEL BEECK	28.02	2	2247	TODD HOUGHTON	32.26	3	1164 BENJAMIN BAILEY 24.15
4	1156	IAN TWITE	25.52						
12		SOUTH MELBOURNE	1:51:26						
1	992	GREGORY PAYNE	27.27	2	991	MICHAEL LAI	26.4	3	TONY PAYNE 27.28
4	2111	JAMES HARGREAVES	29.52						
13		WILLIAMSTOWN	1:52:09						
1	1918	TERRY PEARCE	23.53	2	1186	NICHOLAS NICOLA	24.44	3	1919 JOHN HALL 39.27
4	1181	JOHN NICOLA	25.05						
14		IVANHOE HARRIERS	1:53:30						
1	1109	JAMES LYNCH	22.28	2	1110	JOHN DAVID	30.03	3	2334 DAVID BURKE 32.54
4	421	KATRINA PHILIP	28.06						
15		MALVERN HARRIERS	1:55:23						
1	810	MARK BARTHOLOMEUSZ	27.13	2	2404	RICHARD FERRER	27.26	3	813 BARBARA FAY 29.56
4	1998	DAVID JONES	30.12						
DNF		MORNINGTON PENINSULA	DNF						
1	2018	DAVID DODSON	28.13	2	2114	RUTH DOVER	26.05	3	1432 CRAIG MAHONY 32.15

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MENS DIVISION 6										
1	CASEY CARDINIA		1:29:36							
1	1455	JOHN DUTTON	20.14	2	1453	THOMAS NEBL	23.45	3	1454 RUPERT VAN DONGEN	25.02
4		1452 ISEYAS HAILU	20.35							
2	ATHLETICS ESSENDON		1:34:35							
1	1650	JOEL ELLIOTT	23.03	2	1390	DUNCAN KNOX	24.54	3	1415 KEN HALL	24.21
4		932 JEFFREY JONES	22.17							
3	BALLARAT YCW HARRIERS		1:40:45							
1	630	NICHOLAS BURNETT	24.44	2	720	ANDREW BLOOD	26.04	3	1266 GARY BLOOD	26.07
4		712 PAUL HAYES	23.50							
4	GLENHUNTLY		1:40:58							
1	1251	BEAU LANG	24.22	2	1850	RICHARD MCGUIRE-WHITE	25.12	3	964 ANDREW VINCENT	26.28
4		2175 BRUCE ROSE	23.56							
5	KNOX ATHLETICS		1:41:12							
1	1239	STEPHEN REID	24.48	2	1232	MICHAEL BOOKER	26.3	3	527 RODNEY PRIME	23.55
4		1023 MALCOLM CREE	25.59							
6	FRANKSTON		1:43:43							
1	1440	BRENDAN SMITH	27.34	2	1883	MARK WALTON	26.01	3	1878 DANNY MAHER	22.57
4		1444 KURT HOURIGAN	22.57							
7	ATHLETICS NUNAWADING		1:44:43							
1	516	CAROLYN ROSENBROCK	27.28	2	1257	ROBERT WALSH	25.47	3	1668 ALAN VERNAL	24.52
4		1258 MICHAEL PAPP	26.35							
8	ST STEPHENS HARRIERS		1:47:09							
1	1561	WILLIAM WRIGHT	24.48	2	1557	BRIAN CARTER	25.41	3	1571 GREGORY NOLAN	27.42
4		1567 CHRIS TSAKIRIDIS	28.58							
9	COLLINGWOOD HARRIERS		1:54:43							
1	880	GRAEME PAUL	28.15	2	890	PAUL WALLACE	27.28	3	1784 PETER NEALE	28.29
4		896 ROBERT BARNES	30.31							
10	COBURG HARRIERS		2:10:15							
1	1649	MICHAEL JORDAN	30.56	2	2052	MICHAEL WHIMPEY	31.49	3	1286 LEN HALLETT	31.33
4		1089 DARYL THOMSON	25.57							

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS DIVISION 7											
1	KNOX ATHLETICS		1:35:42								
1	1544	CRAIG FAIRBURN	25.03	2	1545	SCOTT FAIRBURN	24.47	3	536 SEAMUS MURPHY	22.12	
4	1022	SHANNON COX	23.40								
2	BENDIGO REGION		1:36:18								
1	300	BRETT GILLIGAN	24.18	2	643	LEIGH BROWELL	24.10	3	2293 PETER BOYLE	22.42	
4	775	JAMIE COOK	25.08								
3	GLENHUNTLY		1:41:56								
1		KULAN RANASINGHE	22.27	2		KURT GOLONKA	26.48	3		COLIN BRUHN	25.56
4		ANGELO PORTELLI	26.45								
4	BOX HILL		1:45:40								
1	2365	NICHOLAS BAGGOTT	23.15	2	1360	DAVID STEVENS	26.38	3	1364	ANDREW TUNNE	27.05
4	1962	JAMES MCNIECE	25.43								
5	ATHLETICS WAVERLEY #1		1:47:58								
1	1507	WARREN HOLST	25.01	2	1049	MICHAEL YOUNG	23.31	3	2542	JOHN NOLAN	30.04
4		GREG RAINES	29.22								
6	ATHLETICS ESSENDON #1		1:50:22								
1	1424	SHANE HAYES	26.54	2	1411	GEOFF CONNELL	25.39	3	930	TREVOR HAWKSWORTH	29.15
4	1426	DARRAN HILL	28.34								
7	SOUTH COAST ATHLETICS		1:53:52								
1	557	JOSHUA PLUMB	24.30	2	556	ZOE PLUMB	33.56	3	559	EMMA PLUMB	29.36
4	1651	WARREN OLIVER	25.50								
8	CASEY CARDINIA		1:55:03								
1				2				3			
4											
9	RICHMOND HARRIERS		2:01:42								
1				2				3			
4											
10	COLLINGWOOD HARRIERS		2:02:35								
1	894	DAVID SHEILS	31.01	2	1791	MARVEL SARABIA	26.10	3	882	ANTHONY FORNO	37.01
4	1786	JACK NEALE	28.23								
11	ATHLETICS WAVERLEY #2		2:07:15								
1	1051	CLYDE RIDDOCH	28.51	2	1048	TIMOTHY HASSETT	30.10	3	1044	SIMONE ALBISTON	34.42
4	1499	MAI LE	33.32								
12	ATHLETICS ESSENDON #2		DNF								
1	1394	STEPHEN MURPHY	29.37	2				3			
4											

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS 40+											
1	BENDIGO REGION		1:09:16								
1	777	PETER COWELL	22.47	2	776	VICTOR COOK	23.34	3	2424	JIM RUSSELL	22.55
2	BOX HILL		1:11:22								
1	2263	DAVID AYERS	23.14	2	1826	PETER STEFANOS	25.38	3	1810	CHRISTOPHER O'CONNOR	22.30
3	APS UNITED		1:11:24								
1	1126	ROBERT SCHWERKOLT	23.20	2	1179	JUSTIN WILSON	21.48	3	2082	JONATHAN HOLMES	26.16
4	SOUTH COAST ATHLETICS		1:15:47								
1	553	CONOR O'MEARA	24.29	2	548	GRAHAM GEORGE	27.25	3	552	TIM CROSBIE	23.53
5	GLENHUNTLY		DNF								
1	1841	MICHAEL DINGGREVE	30.08	2	1952	JOHN ZELEZNIKOW	42.23	3			
MENS 50+											
1	DIAMOND VALLEY		1:08:48								
1	2525	CHRISTOPHER LYNCH	21.53	2	837	ROB WENDEL	23.50	3	831	ANTONY MILOVAC	23.05
2	COLLINGWOOD HARRIERS		1:11:50								
1	1792	PAUL TWINING	23.36	2	885	KENNETH DUXBURY	23.32	3	877	ALEXANDER HARRIS	24.42
3	APS UNITED		1:11:58								
1	2081	MARK PURVIS	22.10	2	1122	TARQUIN OEHR	25.24	3	1117	ANDREW COCHRANE	24.24
4	GLENHUNTLY #1		1:13:08								
1	1846	LEN JOHNSON	24.47	2	1858	CHRIS WARDLAW	23.58	3	2306	JOSEPH MURPHY	24.13
5	KEILOR ST BERNARDS		1:14:14								
1	1009	GREGORY MOORE	24.59	2	1012	KENNETH ROBERTS	25.37	3	1273	PHILIP LANE	23.38
6	OAKLEIGH		1:17:18								
1	1466	PETER BENCE	25.27	2	577	JOSEPH CAMPISI	26.29	3	1464	ERNEST STEWART	25.22
7	GLENHUNTLY #2		1:23:59								
1	1326	BRUCE MCINNES	28.09	2	1316	PHILIP HUTTON	30.13	3	1315	CHRISTOPHER MURPHY	25.37
MENS U20											
1	KEILOR ST BERNARDS		1:19:44								
1	741	JOHN-JOE WILSON	24.45	2	2446	MATTHEW CALLEJA	29.25	3	745	MICHAEL BUTLER	25.34

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS U18									
1	BOX HILL	0:33:57							
1	1812 WILLIAM POTTER	9.55	2	1358 JONATHAN TREE	11.01	3	2262 JACK HILL	13.01	
2	GLENHUNTLY	0:35:07							
1	2435 ANTHONY HOGAN	10.14	2	1313 ANNE WALLACE	12.13	3	968 ADAM BRAVERMAN	12.40	
	CASEY CARDINIA (INV)	DNF							
1	2564 JAWID AHMADI	11.50	2	PETER DUTTON	13.46	3			
MENS U16									
1	EUREKA	0:31:41							
1	1984 LAITON SULLIVAN	10.31	2	404 STEWART MCSWEYN	10.47	3	382 JACK DAVIES	10.23	
2	CASEY CARDINIA	0:32:49							
1	2294 SHILPA WEERASEKERA	11.12	2	2565 NAJIB HAIDARI	11.13	3	2563 MEHDI ZAHIR	10.24	
3	KNOX ATHLETICS	0:33:00							
1	1954 JESSE MANSFIELD	10.12	2	1542 JOEL EASTWOOD	11.50	3	509 THOMAS WATSON	10.58	
4	MALVERN HARRIERS	0:34:35							
1	221 JACK HOLDEN	10.05	2	1112 JAMES WHITE	12.41	3	808 PAUL MALELIS	11.49	
5	MORNINGTON PENINSULA	0:35:34							
1	2274 MATTHEW BRANCATISANO	12.09	2	1436 CALEB WHEATLEY	12.02	3	1434 JAKE STEVENS	11.23	
6	RICHMOND HARRIERS	0:38:29							
1	1141 LUKE PERCY	10.37	2	589 LIAM DELL	13.06	3	2003 JAKE BROWN	14.46	
7	BALLARAT YCW	0:42:35							
1	710 JAYDEN HAYES	12.37	2	725 EMILY KAWA	14.16	3	1758 LINCOLN FARROW	16.26	
	MALVERN HARRIERS	DNF							
1			2			3			
	INVITATION TEAM	DNF							
1			2			3			

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

MENS U14									
1	MORNINGTON PENINSULA	0:31:50							
1	1199 BEN KELLY	10.38	2	108	ZACHARY ROUSE	10.40	3	235 JORDAN ROUSE	10.32
2	WESTERN ATHLETICS	0:34:20							
1	1149 JOHN CAMILLERI	10.45	2	2479	DANIEL DUNSTONE	11.41	3	981 LIAM CASHIN	11.54
3	EAST MELBOURNE	0:34:34							
1	2575 JAKE MALONE	11.06	2	2573	ROBBIE RAYNES	12.10	3	2574 THOMAS PHILLIPS	11.10
4	KNOX ATHLETICS	0:35:24							
1	512 NICHOLAS SHERIDAN	11.56	2	510	JOSHUA WATSON	12.32	3	511 DANIEL SHERIDAN	11.01
5	MALVERN HARRIERS	0:36:26							
1	802 ANDREW HOGAN	12.14	2	805	MUKUND PREMKUMAR	12,13	3	799 DANIEL HAMILTON	11.59
6	RICHMOND HARRIERS	0:38:20							
1	1142 NATHAN PERCY	11.32	2	1192	HARRY COLEMAN	13.22	3	2249 LUKE STRATTON	13.25
7	BENDIGO REGION	0:41:04							
1	1217 JOSHUA POWELL	13.04	2	1723	KIMBERLEY EGAN	14.19	3	1722 BRANDON BYNON	13.21
8	COLLINGWOOD	0:41:29							
1	1788 JORDAN MINTER	11.07	2	898	JACOB BARNES	13.33	3	1787 ANTHONY NEALE	16.49
9	BALLARAT YCW	0:43:22							
1	1063 JASON BLOOD	15.58	2	719	CHLOE PRENDERGAST	15.41	3	715 CAMERON ANDERSON	11.43

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

WOMEN DIVISION 1										
1	BOX HILL		1:26:56							
1	1362	RACHEL JOHNSON	21.46	2	2501	HANNY ALLSTON	21.44	3	1960 MAI TAGAMI	23.18
4	35	NICOLE CHAPPLE	19.58							
2	KNOX ATHLETICS 1		1:29:56							
1	47	LEE FURST	21.50	2		KAREN THORPE	22.14	3	1550 KATE SEIBOLD-CROSBIE	22.20
4	1235	KATIE DUNCAN	23.33							
3	GLENHUNTLY		1:32:54							
1	1320	TARLI BIRD	22.03	2	1863	MADELAINE BEGALA	24.27	3	1839 KYLIE DICK	23.18
4	2558	JOSIE CARBERRY	23.06							
4	MELBOURNE UNIVERSITY		1:35:04							
1	1736	SARAH OPPERMAN	22.40	2	41	SOPHIE BARKER	24.49	3	521 CHARLOTTE CURNOW	22.49
4	870	KATHARINE SCARLETT	24.46							
5	APS UNITED		1:36:51							
1	1180	ROBYN MILLARD	23.06	2	2126	ANNA KASAPIS	21.44	3	2516 SARAH HEARD	23.37
4	2083	TAMAMI KOIKE	28.24							
6	TRARALGON HARRIERS		1:37:07							
1	311	KATHRYN EWELS	21.28	2	1157	MELISSA JONES	25.09	3	1175 NICOLA GLOVER	26.32
4	315	LYNDA MCRAE	23.58							
7	COLLINGWOOD		1:37:31							
1		SUSAN MICHELLSON	21.19	2	881	ALISON CHAPMAN	26.41	3	901 KATE HECKER	23.35
4	910	ANNETTE VAN ROOYEN	25.56							
8	KEILOR ST.BERNARDS		1:42:27							
1	758	STEPHANIE KONDOGONIS	24.30	2	2012	MARIA ABFALTER	25.35	3	1272 BIANCA SHARE	26.26
4	118	ELISE APLIN	26.06							
9	RICHMOND		1:44:59							
1	2113	BRIONY SHAW	24.53	2	1657	PENNY WATTS	27.03	3	1139 LOUISE PENDER	26.46
4	1132	LAVINIA GORDON	26.17							
10	RINGWOOD		1:46:21							
1	424	LAVINIA PETRIE	27.01	2	1655	CARLY MCDADE	26.02	3	1654 SHANNON MCDADE	25.34
4	1656	CORAL FARR	29.26							
11	GEELONG REGION		1:53:14							
1	2278	ASHLEA CLIFTON	24.24	2	876	CATHRYN HOARE	26.54	3	919 WENDY PARISH	28.59
4	517	ELIESHA BYRT	32.57							

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

WOMEN DIVISION 2										
1	BENDIGO REGION		1:35:45							
1	316	MEREDITH COOK	22.29	2	451	ANNE BUCKLEY	24.19	3	1260 PENNY BROWN	25.15
4	462	JO-ANNE KEELY	23.45							
2	ATHLETICS ESSENDON		1:37:00							
1	172	JAIMIE VERNON	24.44	2	1419	ELIZABETH FRENCH	24.52	3	1420 SUE GEARD	24.23
4	2078	SANDRA PROSENICA	23.00							
3	MALVERN HARRIERS		1:42:12							
1	821	TRACEY AUSTIN	22.15	2	1113	HELEN LAU	27.34	3	1997 CHRISTINE ANSORGE	28.29
4	2170	MICHELLE JELLEFF	23.34							
4	ST.STEPHENS HARRIERS		1:44:21							
1	1576	SARAH LESTER	24.55	2	2235	STEPHANIE ARMSTRONG	27.08	3	1578 ALEXANDRA MACCALLUM	26.16
4	1577	SARAH HALL	26.02							
5	KNOX ATHLETICS 1		1:44:50							
1		HAYLEY SPENCER	26.48	2	1244	SIMONE QUIN	26.11	3	KATHRYN RUNDLE	26.02
4		ANNA D'ALBERTO	25.49							
6	GLENHUNTLY		1:45:02							
1		MURIEL CUMMINS	24.59	2		KELLIE MACNAMARA	25.29	3	DELWYN HEWITT	29.42
4		JOANNE COOK	25.12							
7	BALLARAT YCW		1:45:40							
1	1263	BELINDA MIRABELLA	25.30	2	408	ANNE MARTIN	24.29	3	723 GEORGINA RYAN	28.08
4	372	SAMANTHA HOWARD	27.33							
8	WESTERN ATHLETICS		1:46:12							
1	986	BELINDA KEOGH	24.09	2	677	JOANNE FRANCKEN	27.27	3	660 SHARNA WELCH	27.28
4	1144	AMANDA MISSALE	27.15							
9	DIAMOND VALLEY		1:51:29							
1	1611	MARYANN MURRAY	22.58	2	2420	EMILY JACKSON	27.25	3	2039 MICHELLE KING	31.43
4	838	CAITLYN BROBERG	29.19							
10	RICHMOND		2:04:11							
1		SAMANTHA FORBES-SMITH	28.45	2	2002	FIONA ATKINSON	29.17	3	2251 LUCY NEIL	33.54
4	2254	MARILLA HENRY	32.17							
11	COBURG HARRIERS		2:16:09							
1	2491	STELLA RADFORD	28.28	2	1086	TRACEY DRYDEN	35.12	3	1095 DIANE BRIMACOMBE	37.32
4	1648	JACQUELINE STEEL	34.57							
12	MELBOURNE UNIVERSITY		DNF							
1	1299	SARAH CASTELINO	29.37	2	1293	TRACY MCGOUGAN	33.35	3	860 CAMILLA HUMPHRIES	28.06
4			DNS							

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

WOMENS DIVISION 3									
1	FRANKSTON	1:10:52							
1	1943 SARAH KLEIN	22.32	2	51	MEGAN SZIROM	23.42	3	1876 REBECCA YORK	24.38
2	BOX HILL	1:15:41							
1	1330 KATE ACKLAND	25.30	2	428	JULIE NORNEY	24.37	3	2270 EMMA STEER	25.34
3	EUREKA	1:17:27							
1	1908 BRIDGET MILES	25.41	2	1664	KATE MITCHELL	26.25	3	789 MEGAN GELLERT	25.21
4	GLENHUNTLY	1:19:44							
1	962 ROBYN FLETCHER	26.21	2	1854	BRIDIE O`SHANNESSY	26.58	3	1843 NATALIE ESPARON	26.25
5	ATHLETICS WAVERLEY	1:22:11							
1	1054 GEORGIA BROCK	27.32	2	1056	JANICE MARSTON	28.37	3	1509 NICOLE SCRIVEN	26.02
6	SOUTH COAST	1:23:41							
1	232 SADIE PLUMB	26.40	2	547	SARAH LEWIS	28.05	3	558 SANDRA PLUMB	28.56
7	COLLINGWOOD	1:25:02							
1	1779 JANE KANIZAY	26.47	2	1781	LYNNE MAUGHAN	24.29	3	17 JESSICA NEALE	23.22
8	WESTERN ATHLETICS	1:25:05							
1	984 REBECCA GATT	27.44	2	658	LOREN LANE	29.37	3	1152 MELINDA HIATT	27.44
9	TRARALGON HARRIERS	1:25:57							
1	1176 ANNA ORR	27.48	2	2106	YANI CORNTHWAITE	29.29	3	1165 SUSAN ELSDON	28.30
10	MENTONE	1:28:04							
1	1487 SANDY ADLINGTON	28.20	2	1475	LISA O'HALLORAN	31.05	3	2318 HEATHER WHITAKER	28.38
11	KNOX ATHLETICS 1	DNF							
1	STACEY McMAHON	24.33	2		ANNETTE PELGRIM	30.27	3		DNS

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

WOMENS DIVISION 4

1	BENDIGO REGION	1:19:54						
1	784 KERRIEANNE HOCKING	26.38	2	645 AMANDA WORTHINGTON	27.33	3	2132 MICHELLE STEVENSON	25.43
2	BOX HILL	1:20:44						
1	1228 TALITHA CRAWFORD	25.46	2	1817 KERRY PUTT	27.56	3	2515 REBECCA LAW	27.02
3	WILLIAMSTOWN	1:23:04						
1	1189 ANN-MARIE MERCIECA	24.11	2	1188 SASHA HALL	32.05	3	1189 ANN-MARIE MERCIECA	26.5
4	BENDIGO REGION	1:25:49						
1	786 MELINDA GILLIGAN	31.04	2	779 DEBBY KIRNE	29.36	3	772 MEGAN BENNETT	25.25
5	GLENHUNTLY 1	1:27:29						
1	1855 ANNA REDDIE	27.48	2	2556 JOSEPHINE O'SULLIVAN	27.21	3	971 MICHELLE EDMONDS	32.20
6	TRARALGON HARRIERS	1:28:36						
1	1166 KAHLEE GALEA	30.00	2	2102 ELIZABETH KENNEY	29.13	3	1177 CARMEL QUIRK	29.19
7	OAKLEIGH	1:29:03						
1	1468 ELIZABETH EASTWOOD	27.59	2	1916 CONNIE DAVY	31.05	3	684 KYM OSMAND	29.59
8	KEILOR ST. BERNARDS	1:30:39						
1	761 KATHRYN GRBAC	26.47	2	752 MICHELLE AUGUSTYNEK	27.13	3	754 JANET MOLONEY	36.43
9	BALLARAT YCW	1:39:19						
1	1959 SARAH DAVIS	36.26	2	1065 CORRIE VAN RAAPHORST	28.16	3	1060 EMMA DAVIS	34.41
10	WESTERN ATHLETICS	1:41:10						
1	664 CHRISTINE DURSO	31.58	2	661 CLARE CALBERT	34.40	3	1247 CARRIE JANSEN	34.32

WOMEN 40+

1	BOX HILL	1:17:46						
1	2543 AMANDA HARPER	26.06	26	1221 MEGAN SLOANE	26.28	3	1224 JUNE PETRIE	25.12
2	TRARALGON HARRIERS	1:22:21						
1	1174 KIM ESSEX	28.31	2	1955 LEANNE KEATING	27.10	3	1369 DEBORAH PIERCY	26.40
3	COLLINGWOOD	1:24:51						
1	899 JANETTE CHAPMAN	27.39	2	1789 CARMEL PARDY	28.49	3	1774 SOFIE FABRE	28.23
4	MACCABI	1:39:57						
1	LOUISE AARON	36.30	2	1381 DEBORAH KIPEN	32.38	3	TANYA SERRY	31.49

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

WOMENS U20										
1	WELLINGTON			0:33:54						
1	355	JACQUELINE HALLAM	11.19	2	302	CASSANDRA HALLAM	11.26	3	386 MIA ROSS	11.07
2	KNOX ATHLETICS			0:33:56						
1	128	CARLY GRIFFITH	11.27	2	175	LAUREN GRANT	11.33	3	146 MELISSA DUNCAN	10.53
3	DONCASTER 1			0:35:52						
1	170	GRACE THEK	10.34	2	1522	ALEXANDRA LYSTER	13.5	3	152 SAMANTHA CARBERRY	11.28
4	ST. STEPHENS HARRIERS			0:36:22						
1	1584	WHITNEY SHARPE	12.02	2	1586	CHARLOTTE ANDERSON	11.48	3	1583 ALICE CARTER	12.37
5	GLENHUNTLY			0:37:06						
1	1252	CHYNEA LANG	11.48	2	1322	LAURA EADES	12.23	3	1325 SIMONE MCINNES	12.55
6	DONCASTER 2			0:38:15						
1	858	RACHEL FITT	12.35	2	1518	LAURA DAWSON	13.29	3	2330 KATHERINE ARDITTO	12.12
7	FRANKSTON			0:39:01						
1	1445	DANIELLE MCCARTNEY	13.00	2	1880	TAYLAH SMITH	12.26	3	2560 FRANCES TAYLOR	13.35
8	BENDIGO REGION			0:39:16						
1	1218	YVETTE TOUHEY	13.26	2	1178	KIRRILY BURNETT	12.47	3	783 CAITLYN HOCKING	13.03
9	BALLARAT YCW			0:39:25						
1	629	STEPHANIE HOLLOWAY	13.23	2	718	SARAH PRENDERGAST	13.41	3	347 SARAH BYRON	12.21
10	DIAMOND VALLEY			0:40:59						
1	2010	PETRA MANDUCA	13.20	2	1614	ZOE GIRBAU	14.05	3	1613 KIMBERLY HART	13.34
11	ATHLETICS WAVERLEY			0:41:58						
1	1496	ANISSA MUTHIA	13.45	2	1494	SEEMA MUTHIA	14.57	3	1493 UMA MUTHIA	13.16

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

WOMENS U18									
1	BALLARAT YCW	0:35:45							
1	367 LYRA MEEHAN	11.10	2	625 REBECCA WOOD	12.21	3	632 SARA TUCKER	12.14	
2	BOX HILL	0:36:05							
1	1938 LISELLE ATKIN	12.21	2	2392 NATALIE AMBROSE	11.49	3	1828 ELOISE O'BRIEN	11.56	
3	ATHLETICS ESSENDON	0:36:53							
1	1400 LAUREN DEN OUDEN	12.37	2	2079 MADELEINE PROSENICA	12.47	3	1418 ROSIE DONEGAN	11.28	
4	MORNINGTON PENINSULA	0:37:05							
1	1435 RENEE ROGASCH	12.29	2	1903 SOPHIE BRENNAN	12.27	3	2577 GABBY BEAUMONT	12.09	
5	KEILOR ST. BERNARDS	0:39:25							
1	1017 TARRYN FISHER	13.13	2	1888 AMBER BALLARD	13.07	3	2352 EMILY GREGG	13.05	
6	KNOX ATHLETICS 2	0:40:20							
1	533 VANESSA O'SHEA	13.11	2	1028 ASHLEIGH STEVENSON	12.57	3	1025 MAXIME PLUGGE	14.08	
7	DIAMOND VALLEY	0:41:35							
1	833 SARAH LEEMING	13.50	2	2260 MADISON ADAMS	13.51	3	1615 MARIA BENKE	13.52	
8	WESTERN ATHLETICS	DNF							
1	681 LEXIE ALFIERI	13.36	2	985 ALLISON GATT	15.22	3		DNS	
WOMENS U16									
1	ATHLETICS ESSENDON 1	0:33:21							
1	184 ALANAH HAYES	10.56	2	1413 SARAH CONNELL	11.28	3	191 ERIN RAYNER	10.57	
2	KNOX ATHLETICS 1	0:35:15							
1	107 SAMANTHA PRIME	10.17	2	1036 JESSICA PRIME	12.15	3	1533 NIKKI MAHER	12.43	
3	WESTERN ATHLETICS	0:36:44							
1	982 AMY CASHIN	10.16	2	2021 JODIE DUNSTAN	13.04	3	1150 CLAIRE HODGART	13.24	
4	BALLARAT YCW	0:37:02							
1	1201 JEMMA MIRABELLA	11.07	2	626 LOUISE WOOD	12.47	3	383 JESSICA HOWARD	13.08	
5	ATHLETICS ESSENDON 2	0:38:51							
1	928 CAITLIN BRYERS	13.50	2	1421 CASEY GEARD	12.14	3	1404 BETHANY RAYNER	12.47	
6	DONCASTER	0:42:18							
1	1523 RACHEL LYSTER	14.13	2	844 MAREE TUNNECLIFFE	14.23	3	853 COURTNEY GOODWILL	13.42	
7	WOODLEIGH SCHOOL INV.	0:46:16							
1	GEORGIA KING	14.11	2	CLAUDIA GASCOYNE	16.31	3	MEMPHIS KELLY	15.34	
8	CASEY CARDINIA	DNF							
1	1671 TEGHAN JAGUSCH	12.36	2	1915 AMY ROBINSON	12.35	3		DNS	

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

WOMEN U14									
1	ATHLETICS ESSENDON	0:35:35							
1	1425 ASHLEIGH HAYES	11.43	2	1412 LAUREN CONNELL	11.46	3	1399 REBECCA DEN OUDEN	12.06	
2	COBURG HARRIERS	0:36:54							
1	1076 LEAH POLYCARPOU	11.44	2	2144 AMBER DOMINUTTI	13.08	3	1205 LEIGH ROUX	12.03	
3	WESTERN ATHLETICS	0:37:07							
1	2022 BROOKE ZERAFA	11.56	2	2048 ELYSE HADDAD	13.48	3	983 TALISSA JANSEN	12.03	
4	CASEY CARDINIA	0:38:09							
1	1021 JESSICA COX	11.44	2	1462 CHARLOTTE JAGUSCH	13.05	3	1451 EBONY STURGESS	13.20	
5	DONCASTER	0:42:11							
1	842 ASHLEE WALBURG	12.25	2	2161 ALLY-ROSE OGDEN	14.19	3	841 KIRSTEN WALBURG	15.27	
6	SOUTH COAST ATHLETICS	0:45:03							
1	2086 IMIGEN LANGFORD	14.59	2	2538 NICOLE DAVIS	15.35	3	2620 SAMANTHA DAVIS	14.29	
	MALVERN HARRIERS	DNF							
1	800 MATILDA WILLIAMS	13.02	2			3			
VICTORIAN LITTLE ATHLETICS U7 BOYS 3X1000M									
1	KNOX	0:12:04							
1	MATTHEW STEVENSON	4.00	2	MARK MERRIGAN	4.46	3	JESSE EICHOFF	3.58	
2	CASEY	0:12:59							
1	DYLAN CLUTTERBUCK	4.17	2	MITCHELL HUGHES	4.19	3	RYLEY PENTLAND	4.22	
3	BOX HILL	0:13:44							
1	LACHLAN DOEHMANN	4.26	2	SEAN MORRISON	4.39	3	ZACHARY JOHNSON	4.49	
VICTORIAN LITTLE ATHLETICS U8 BOYS 3X1000M									
1	SUNBURY	0:11:57							
1	BRENAN WILKINS	3.57	2	RILEY DINSDALE	4.07	3	CODY RODWELL	4.01	
2	KEW	0:12:37							
1	HAYDEN MORRIS	4.09	2	SEAN LARKIN	4.22	3	HUGH RICE	4.08	
VICTORIAN LITTLE ATHLETICS U9 BOYS 3X1500M									
1	KNOX	0:17:03							
1	JAY SUTHERLAND	5.44	2	JAKE LIMB	5.44	3	LACHLAN VINEY	5.35	
2	CAULFIELD	0:18:13							
1	PAUL CHRISTODOULOU	6.10	2	JAKE ROBERTS	6.00	3	JASPER PICKERING	6.03	
3	BOX HILL	0:19:44							
1	NICHOLAS KRONENBURG	6.33	2	NOAH STOFFELS	7.13	3	MATTHEW SEDDON	5.58	

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

VICTORIAN LITTLE ATHLETICS U10 BOYS 3X1500M								
1	NUNAWADING/RINGWOOD	0:16:02						
1	DYLAN MOORE	5.11	2	CALLUM SEARLE	5.41	3	EAMON WRIGHT	5.10
2	COBURG	0:16:15						
1	PATRICK MARTIN	5.41	2	LACHLAN COSTIN	5.12	3	KAYWE DAVIES	5.21
3	BACCHUS MARSH	0:16:18						
1	JACK LALOR	5.19	2	HAYDEN THOMPSON	5.32	3	LUCAS SHUGG	5.25
4	BOX HILL	0:19:31						
1	HENRY KAVADIAS-BARNES	6.34	2	DARCY LEWIS	6.51	3	PATRICK DALY	6.06
VICTORIAN LITTLE ATHLETICS U11 BOYS 3X2000M								
1	RINGWOOD	0:22:27						
1	KHY BLIZZARD	7.32	2	LIAM DOUGLAS	7.39	3	DAVID FRIEND	7.16
2	WAVERLEY	0:24:33						
1	JAMES GEORGE	8.43	2	LACHLAN SANFORD	8.17	3	KONRAD DEBICKI	7.33
VICTORIAN LITTLE ATHLETICS U12 BOYS 3X2000M								
1	SANDRINGHAM	0:21:33						
1	LIAM COOK	7.18	2	MATT WRIGHT	7.19	3	JAMES BOTT	6.56
VICTORIAN LITTLE ATHLETICS U13 BOYS 3X3100M								
1	BOX HILL	0:32:04						
1	MITCHELL DYER	10.30	2	JAMES WHELAN	10.44	3	JAMES CLEMENTS	10.50
2	BOX HILL	0:36:01						
1	TOM BUTLER-MONSELL	11.45	2	ZAC HUNTER	12.59	3	MATTHEW O'DONNELL	11.17
3	KEW	0:37:10						
1	IAN LIYANAGE	12.54	2	ALASTAIR BAKER	12.32	3	JACK HUGHES	11.44
VICTORIAN LITTLE ATHLETICS U7 GIRLS 3X1000M								
1	CASEY	0:13:36						
1	MATISSE LAZZARI	4.16	2	AMY LAWTON	4.35	3	SIENNA GROVE	4.46
2	BOX HILL	0:14:32						
1	MIA HOLAH	4.52	2	ANNEMIEKE KRONENBURG	4.59	3	MAGGIE ENNISS	4.41
3	KNOX	0:15:47						
1	CHANTEL DICKINSON	5.25	2	MIKA BARNES	5.27	3	EMILY DUNN	4.55
4	BOX HILL	0:16:31						
1	TILLY STOFFELS	5.39	2	BELLA STOFFELS	5.54	3	NAEVE MCPADDEN	4.58

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

VICTORIAN LITTLE ATHLETICS U8 GIRLS 3X1000M								
1	KEW	0:12:43						
1	KATE PENGELLY	4.02	2	ANNABELLE OLIPHANT	4.40	3	GRACE BAKER	4.01
2	KNOX	0:13:19						
1	TESS MCLEOD	4.44	2	ROMANIE BARNES	4.22	3	JEMMA STAPLETON	4.14
3	CASEY	0:14:15						
1	JADE VASILJEVIC	4.22	2	BETHANY DAVIDSON	4.55	3	REBECCA HENDERSON	4.58
4	BOX HILL	0:14:21						
1	EMILY BERTACCO	5.03	2	BRIDGET DALY	4.44	3	GABBY CLARKE	4.34
VICTORIAN LITTLE ATHLETICS U9 GIRLS 3X1500M								
1	BOX HILL	0:18:31						
1	SOPHIE SCHWERKOLT	5.56	2	KATE BOULTER	6.38	3	GEORGIE MONSELL-BUTLER	5.57
2	SANDRINGHAM	0:18:49						
1	JESS BALLEGGI	6.13	2	MOLLY MIKOV	6.26	3	ISSABELLA HUME	6.10
3	KNOX	0:19:07						
1	ELLANA MCGEEHAN	6.28	2	ASHLEIGH MOHOROVIC	6.20	3	CHLOE PRESTON	6.20
4	KNOX	0:19:52						
1	GEORGIA LEE	6.39	2	JASMINE SPEIGHT	6.56	3	JEMMA EASTWOOD	6.17
5	CASEY	0:20:14						
1	FELICITY JAGUSCH	6.06	2	TAMSYN PENTLAND	6.59	3	REBEKAH DAVIDSON	7.09
VICTORIAN LITTLE ATHLETICS U10 GIRLS 3X1500M								
1	KNOX	0:18:13						
1	EMILY HARVEY	6.11	2	LANA KITTERINGHAM	6.05	3	JORJA BORG	6.01
2	CASEY	0:18:26						
1	TAYLOR VASILJEVIC	6.04	2	CHLOE JACKSON	6.05	3	ALYSSA PROSSER	6.17
3	KEILOR	0:19:05						
1	CASSIDY MCGINNIS	6.29	2	RACHEL WARE	6.17	3	KAYLA GEORGIEVSKI	6.19
4	SANDRINGHAM	0:20:02						
1	ELIZABETH PUNSHON	6.32	2	JESS MYERS	6.29	3	EVA HUME	7.00
5	BOX HILL	0:20:31						
1	ELLA ERIMS	7.35	2	AMELIA HARRIS	6.34	3	EMILY MONTAGU	6.22

XCR'09 SERIES - SANDOWN ROAD RELAYS, 8TH AUGUST

VICTORIAN LITTLE ATHLETICS U11 GIRLS 3X2000M								
1	BOX HILL	0:23:26						
1	PARIS POWELL	7.48	2	LULU MONSELL-BUTLER	8.10	3	ZOE SCHWERKOLT	7.28
2	KNOX	0:23:30						
1	ANNIE EGAN	7.47	2	HOLLY FLANNAGAN	8.00	3	JESSIE EASTWOOD	7.41
3	KEW	0:23:33						
1	MEGAN PENGELLY	7.45	2	ALEX BAKER	8.10	3	ISABELLA DALLA COSTA	7.38
4	SANDRINGHAM	0:24:40						
1	SHAI WRIGHT	8.38	2	MOLLY MIKOV	8.27	3	MIKAYLA ARTHUR	7.35
5	WAVERLEY	0:25:23						
1	NELA DEBICKI	8.12	2	RACHEL KANNEGIESSIR	8.58	3	ELLIE SANFORD	8.13
6	BOX HILL	0:27:18						
1	EMILY EDWARDS	9.11	2	ALICE KENT	9.06	3	EMILY TAYLOR-BROWN	9.00
VICTORIAN LITTLE ATHLETICS U12 GIRLS 3X2000M								
1	KNOX	0:22:57						
1	SIMONE TOY	7.41	2	CHARISSE MOHOROVIC	8.04	3	BREE WARREN	7.12
2	BOX HILL	0:23:28						
1	EMMA SCHWERKOLT	7.42	2	LAURA SEDDON	8.18	3	EMILY GOESSLER	7.28
3	KEILOR	0:26:17						
1	NICOLE WARE	8.55	2	GEORGIA BERTRAND	8.21	3	CARLY BERTRAND	9.01
4	KNOX	0:27:18						
1	JACINTA DICKINSON	9.27	2	BETHANY DUNN	9.17	3	KIANDRA BARNES	8.34
VICTORIAN LITTLE ATHLETICS U13 GIRLS 3X3100M								
1	GEELONG	0:36:08						
1	JMARA HOCKLEY-SAMON	11.36	2	RICCI CURTIS	12.48	3	HOLLY CURTIS	11.44
VICTORIAN LITTLE ATHLETICS U14 GIRLS 3X3100M								
1	BOX HILL	0:40:00						
1	ELLISSA GARROD	13.13	2	REBECCA BARRY	16.18	3	AMELIA SAVIGE	12.29
VICTORIAN LITTLE ATHLETICS U15 GIRLS 3X3100M								
1	KNOX	0:40:16						
1	ASHLEE HOLME	14.20	2	SAMANTHA DUNN	12.37	3	LEAH VINEY	13.19